Read Us Online at IslandSunNews.com	Jund Sun	PRSRT STD U.S. POSTAGE PAID FT MYERS, FL PERMIT #5718 Postal Customer ECRWSS
VOL. 23, NO. 45	SANIBEL & CAPTIVA ISLANDS, FLORIDA	APRIL 29, 2016

APRIL/MAY SUNRISE/SUNSET: 29 6:52 • 7:59 30 6:51 • 8:00 1 6:51 • 8:00 2 6:50 • 8:01 3 6:49 • 8:01 4 6:48 • 8:02 5 6:48 • 8:03

# Meeting Held To Discuss Management Of Blind Pass Inlet

by Jeff Lysiak

Nearly 100 concerned citizens gathered at The Sanctuary Golf Club last Thursday evening to attend the first Blind Pass Inlet Management Study meeting, where members of the Lee County Department of Natural Resources offered an update of the study's objectives and scope, a review of coastal evolution in the area, and the status of the numerical modeling effort.

According to Steve Boutelle, operations manager for the Lee County Department of Natural Resources, the study will evaluate options and provide recommendations for the ongoing management of Blind Pass and the adjacent beaches within its area of influence and will consider the collective input of the appropriate federal, state and local continued on page 3



 $^{23}$  Inlet looking towards the Blind Pass Bridge from the Captiva side

photo by Jeff Lysiak



A scene from Table Manners

# Community Theater Still Alive On Sanibel

BIG ARTS is hosting a community theater production of *Table Manners* at the Herb Strauss Theater.

By Alan Ayckbourn, this is "a wildly funny two-act comedy about a weekend in the country gone awry."

The show opens April 28 and stars local performers Holli Kirk Martin, Roy Gibson, Shelley Sanders, Patrick Erhardt, Pottz Turlington and June Koc, who is also director. photo by Roy Gibson

It features six characters: Norman, his wife Ruth, her brother Reg and his wife Sarah, Ruth's sister Annie, and Tom, Annie's next-door neighbor.

Table Manners was a New York hit and in 2009 won The Tony, Drama Desk and the Outer Critics Circle Award. The BIG ARTS Community Theater

production is sponsored by Linda and John Kramer.

Performances are April 28, 29 and 30 at 7:30 p.m.; May 1 at 4 p.m.; May 5, 6 and 7 at 7:30 p.m.; and May 8 at 4 p.m. Adult tickets are \$20 and students \$5. For information and tickets, call 472-6862 or 395-0900.\*



Henson Wins Audubon Photo Award

Heron by Beverly Henson

Banibel, has received the first place award in the Birds category in the Southwest Florida Audubon Society photography contest which was open to the public.

Having a long-time interest in photography, Henson found herself surrounded by the beautiful wildlife of Sanibel and began a photo blog at www. WildOnSanibel.com to share her photos and now has quite a following.

She received the award on April 21.33



#### Beverly Henson with her award

# HAPLY BIRDEL

Best Dressed Dog Contest 2:30 pm



# Lily's 12th Birthday Bash! Saturday, May 7th It will be a paws-itively good time!

Diamond Doggie Jewelry Raffle Valued at

\$900

DRESS: Owners, casual. Animals, to the (ca)Nines!

- Annette Pennacchia, Bow-Wow-N-Meow Pet Care Services
- Jan Pearson-Graham, Grand Affair Photography
- Dr. Patty Curtis, Coral Veterinary

J. McLauglin Resort Wear

- Lyn Morningstar, Morningstar Dog Training
- Angi Goodhand, Island Grooming Pet Spa
- Rafael Diaz, Pet Caricature
- Jessica Chaney, GMI Pet Products
- Representatives, J. McLaughlin
- Raffle tickets \$5 or 6 for \$25, may be purchased at Lily & Co. in advance.

Fashion Event Elegant Resort Wear By J. McLaughlin



239-472-2888 | LILYJEWELERS.COM



Steve Boutelle, operations manager for the Lee County Department of Natural Resources

#### From page 1

# Blind Pass Inlet

governmental agencies.

The study will be developed and utilized collaboratively by Lee County, the City of Sanibel and the Captiva Erosion Prevention District (CEPD) with information to assist the Florida Department of Environmental Protection (FDEP) to

adopt an Inlet Management Plan for Blind Pass with the support of the affected local governmental entities.

"We count you as stakeholders in this partnership, so we really want to hear what you have to say," Boutelle told the crowd. "We want to develop a good, science-based tool that will assist in making informed decisions."

Michelle Pfeiffer and Thomas Pierro, representatives of project partner CB&I Coastal Planning & Engineering, Inc., made the formal presentation of the inlet management study.

According to Pfeiffer, the primary objectives of the study is to develop a plan for keeping Blind Pass open, formulate a more effective dredging/nourishment schedule, extend the life of beachrelated projects and protect the existing infrastructure. The last time a study of the inlet was completed was back in 1995.

Since the last study more than 20 years ago, the inlet has been impacted by several major storms – including Hurricane Charley – as well as the open-ing and closing of Clam Bayou and Old Blind Pass, a number of nourishment projects, dredging projects and the installation of a jetty.

Pierro noted that the current study has revealed that beaches adjacent to Blind Pass are erosional, there is a southerly flow of inlet waters along Captiva and across Blind Pass, and a northerly flow from the north end of Sanibel into Blind Pass

Trends that were identified in the study

include:

• Jetty stabilizes Turner Beach • Shoals form and migrate rapidly

- Channel is meandering

• Erosional pressure on the north end of Sanibel

'Factors that may be contributing are longshore transport, tidal prism and currents, which will be evaluated with the model," he added.

CB&I has employed a numerical modeling simulation to compare outcomes of proposed inlet management strategies, along with a "no action" scenario. The program – called Delft3D – evaluates data (waves, tides, currents, bathymetry, etc.) and simulates morphology.

"One of the main goals of this study is to get (a management plan) adopted so we can pass it along to FDEP," said Pfeiffer. "A lot of new data is available, since a lot of changes have occurred at Blind Pass.

During the presentation, Boutelle also highlighted a number of historic events to occur at Blind Pass, including an opening of the inlet in 1953, a closure in 1970, a reopening (following Hurricane Agnes) in 1972, extension of the jetty 100 feet in 1989, a dredging project in 2008-09 and subsequent dredging - completed in two phases – in 2012 and 2013.

"Blind Pass has a history of opening and closing, and the decision has been made to keep it open," added Boutelle. "Our goal is to determine how best to do that.

During public comment on the study,

Annie Vanderbilt - representing the membership of the Bayous Preservation Association – explained that she was very happy to see the study under way. "We cannot support enough that one of the bases of the study is that Blind Pass will stay open," she said, noting that since the inlet has been reopened, it attracts a number of birds, fish and manatees to the area

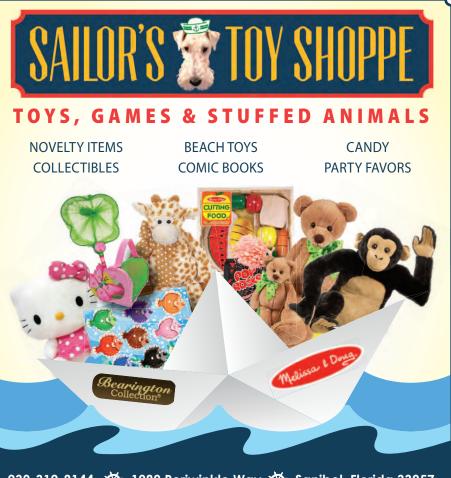
Additional speakers questioned the impacts the management plan might have on Dinkins Bayou, Clam Bayou and Wulfert Channel. Sanibel resident Ralph Clark, who stated that the channels are currently shallower and narrower than in previous years, added, "It's a very different environment (at Blind Pass) from what we had 15 years ago.'

A second stakeholders meeting will be held at a date and located to be determined, likely in the next two months, since the study is expected to be completed by October. Boutelle told the crowd that while data is still being collected, his study partners will analyze findings, develop models and come up with a number of inlet management alternatives.

'We don't want to discount any of the possibilities," he added. "We've got some excellent tools at our disposal, so we will try and develop a plan that will help us manage this both over the short term and the long term."

For additional information about the study, contact Steve Boutelle, Lee County Natural Resources Division, at 533-8128 or sboutelle@leegov.com.举





239-312-8144 🕁 1989 Periwinkle Way 🕉 Sanibel, Florida 33957 Formerly Needful Things • Located in Tahitian Gardens

### Spiritual Gatherings At St. Michael's

St. Michael and All Angels Episcopal Church invites island women to attend Women at the Well regular spiritual gatherings, held at 1 p.m. on the first and third Tuesday of each month in the church's library.

The informal gatherings, co-led by Luann Fortune and Peg Hupfeldt, bring together women of all ages, ethnicities, religious inclinations and backgrounds for meaningful conversations about spirituality, personal growth and fellowship.

Each gathering opens with the ritualistic ringing of hand chimes to quiet the room. Following that is a short litany invoking female leaders in the early church and in our own time, who have responded with courage and grace to the special challenges confronting women.

"As a longtime Episcopalian, I appreciate the value of this small ritual," Fortune said. "It helps us to become mindfully present during the gatherings."

According to Fortune, the session topics evolve over time. "Our current focus is empowerment, which comes from resilience and spiritual intelligence," she added. "These themes play out in our daily lives."

Fortune, who holds a bachelor's



Women at the Well co-facilitator Luann Fortune with participants Lana Smith and Betty Cater photo by Jan Holly

degree in interdisciplinary social science, and a master's and doctorate in human development, is an accomplished group facilitator, having created and conducted numerous workshops, retreats, and symposia on a variety of topics. She is an experienced holistic health practitioner specializing in integrative wellness and somatic awareness.

Participant Betty Cater is delighted with Fortune's leadership. "I leave the meetings feeling restored," she said. "They help me to dwell in a better spiritual place."

Fellow participant Lana Smith particularly enjoys Women at the Well gatherings, "because when I enter the room, I feel an immediate calmness."

"During these sessions, I can just be myself, and I feel closer to God," Smith added. "I walk away sifting through my own past and remembering the spiritual gifts that I have been given."

The group's name comes from the ancient, Biblical-era practice of women gathering at a well for social interaction. The gatherings are free and open to women "ages 16 to 116," Fortune said. "Our sessions are designed to be inclusive – and confidential. We concentrate on what binds us together. Many of our participants attend regularly, but drop-ins are equally welcome."

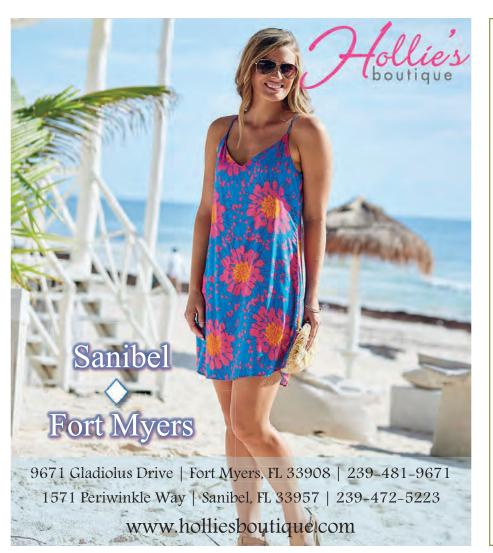
To inquire about Women at the Well, contact Luann Fortune at 202-669-4798 or Rector Ellen Sloan at St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way, at 472-2173 or saintmichaels-sanibel.org.

# Sheriff, Commissioner To Address Caucus

ee County Sheriff Mike Scott and Lee County Commissioner John Manning will speak at the Sanibel-Captiva Republican Caucus on Saturday, May 14 at 10 a.m.

Scott will discuss issues facing law enforcement in the county and how his office handles them. Manning will present his vision for the Lee County Comprehensive Plan and steps taken to assure a budget that provides for effective delivery of core services.

This session is part of a series of opportunities to meet candidates for office this year. Call Rick Shewring at 579-0792 for more information.☆



<text><section-header><section-header>

In The Village Shops, Sanibel Island, Florida 2340 Periwinkle Way, #B3 239-472-3386 www.watsonmacraegallery.com October Hours: Monday–Friday 10:00 to 4:30



#### HAPPY ANNIVERSARY



Barbara and Joe Babcock, seated, celebrated their 70th wedding anniversary with friends at the Center 4 Life on April 18

# Seventy Year Sanibel Love Story

submitted by Trudie Williams

n April 18, Joe and Barbara Babcock celebrated their 70th wedding anniversary with their duplicate bridge friends at Sanibel's Center 4 Life. The couple are a highlight of the Senior Center's bridge group, continually having some of the higher scores of the day.

Joe was a star quarterback for the University of Cincinnati. Their journey began when one of the pledges in Joe's fraternity brought this cute girl to a fraternity dance. He was immediately taken with Barbara and told the pledge he was going to dance with his date. After a whirlwind romance of five dates between Christmas and New Year's, Joe pinned Barbara. She was serenaded by the fraternity, making the engagement official. Joe was then called up into the United States Air Force, serving in the 15th Airborne Group stationed in Italy. Upon returning from his military service duties, he finished his year at Cincinnati and the couple was married. Barbara needed her mother to sign for her as she was only 20 years old. Everyone involved had excellent judgment, attested to by 70 years of marital bliss.

involved had excellent judgment, attested to by 70 years of marital bliss. Joe finished optometry school at Ohio State and became the second generation optometrist in a practice (that soon will have its fifth generation entering the profession). In 1984, the couple moved to Sanibel part-time after vacationing here for six years. They became permanent residents in 1996, bringing their zest for life to all those around them.

Having the opportunity to know and love Joe and Barbara is another one of the very special gifts Sanibel offers its residents. In today's fast moving world, we are all blessed by having examples like the Babcocks to keep us focused on the happiness real commitment brings to our lives.

### SCA Needs Your Help With Landscaping

The Community House renovation includes a new landscaping plan, which begins in May. "We have to bring all the vegetation up to code and, while we will be trying to save whatever we can, it still is more than 1,200 new plants including tall trees, shrubs and ground coverings," said Executive Director Teresa Riska-Hall.

So, to all gardeners, plant lovers and landscapers, it's time to dig in. The Community House needs you to help make the landscaping plan bloom.

Pledges can be made for five years and checks can be mailed or dropped to SCA, 2173 Periwinkle Way, or a pledge can be made at www.sanibelcommuni-



Star magnolia

tyhouse.net.

Naming opportunities are still available. The renovation of The Community House needs to start in May, so that it can reopen next season for all service organizations, clubs and non-profits. For more information, call 472-2155.<sup>‡</sup>



Periwinkle Place Shops • Sanibel Island • 239-472-4177 • CongressJewelers.com • SealifeByCongress.com

#### HAPPY ANNIVERSARY



Sharon and Dan Schuyler

appy 20th anniversary to my wonderful husband Dan. "It has been a true adventure with you over these past 20 years. They have been wonderful years filled with love, relocating to Florida, the start up of Lily & Co. Jewelers and great vacations! I am looking forward to many more years together."

Love, Sharonな



Sharon and Dan Schuyler on their wedding dav



Thomas Green with his tournament prizes

# 11-Year Old Angler Triumphs In Key West Fishing Tournament

leven-year-old Thomas Green of Bokeelia recently bested several dozen adult anglers to earn top honors in multiple categories of the Key West Fishing Tournament's Kickoff 2016.

Thomas scored the challenge's heaviest kingfish at 22 pounds and the heaviest mackerel at 7.75 pounds. Both were his first catches of the species, and the kingfish earned him the junior division's heaviest catch award on April 10.

Fishing aboard the Miss Ivory, skippered by Capt. Jason Johnson of Key West, Thomas also released his first sailfish and followed it with a second.

"Last year, he and I decided we're going to be a fishing team and fish tournaments together," said Thomas' father Glenn Green. The Greens hope to fish another tournament in the near future.





Island Winds Coiffures HAIR SALON FOR WOMEN & MEN Manicures and Pedicures by Lois Hair Styling by Lily LINDA • MARISA • JEANNE 695 Tarpon Bay Road, Sanibel 239-472-2591

### **CROW** Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m. with presentations daily at 11 a.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, April 29, 11 a.m., adults \$7, teens \$5, 12 and under no charge -Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospi-tal, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process.

#### Friday, April 29, 2 to 3:30

**p.m.**, \$20 per person, advance reg-istration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering our medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, May 2, 11 a.m., adults \$7, teens \$5, 12 and under no charge -CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Tuesday, May 3, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, pre-sented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Wednesday, May 4, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Wild About Rehabilitation, presented by CROW staff.

Thursday, May 5, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

Friday, May 6, 11 a.m., adults \$7, teens \$5, 12 and under no charge - Why Animals Come to CROW.

Do you wonder how and why animals become patients at CROW? Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, May 6, 2 to 3:30 **p.m.**, \$20 per person, advance reg-istration required – Wildlife Walk with

Rehabilitators and Staff. Wildlife Walks are approximately 1

and 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.



# Arbor Day Tree Care Booklet

he Arbor Day Foundation is offering a booklet designed to help people plant and care for trees. Anyone can receive the booklet, titled Conservation Trees, featuring illustrations, photos and easily understood descriptions, by making a \$3 donation to the foundation in April.

"Conservation Trees is an ideal resource for tree planters," said Matt Harris, chief executive of the Arbor Day Foundation. "Taking care of existing trees is just as critical as planting new ones, and proper care ensures communities are able to fully enjoy the diverse benefits of urban forestry.

Tips include the right way to plant and prune trees, using shade trees and windbreaks to save on energy costs, attracting songbirds and creating a living snow fence.

To receive the booklet, send a \$3 check along with your name and address to Conservation Trees, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, or order online at arborday.org/ conservationtrees.炎

### Farmers Market Continues Through May

he Sanibel Island Farmers Market will remain open during the month of May on Sundays from 8 a.m. to 1 p.m. on the grounds of Sanibel City Hall, 800 Dunlop Road.

Offering the same great items available throughout the season, shoppers are encouraged to stop by for fresh vegetables, fruits, baked breads, guacamole, hummus, pasta, salads, flowers and honey along with other favorite treats. There is plenty of free parking available for both vehicles and bicycles. Well behaved dogs are welcome, too.

For additional information, visit www. BuyLocalLee.com.☆



Jim Storer's expressive paintings of Florida scenes and scenery will be on view in May at Sanibel Congregational United Church of Christ

# Artist's Works On Display At Church

ach month, the Sanibel Congregational Church of Christ exhibits the work of one or more artists. Paintings by Dr. Jim Storer will be on view in Fellowship Hall throughout May. All of Storer's work is for sale.

"My primary goal when painting," said Storer, "is to create something that is peaceful and calming to view, to allow the viewer to escape and be a part of the landscape that I've created."

When he began thinking about retiring from medicine, Storer felt he needed something that would keep his interest. He already played the piano but wanted something more.

"That's when I started taking watercolor lessons," he said. "Later I discovered acrylics, which is now my preferred medium."



#### Work by Jim Storer

He said his experiences as a volunteer physician in refugee camps, an associate dean at a medical center, a mayor and a Sanibel resident have all been "blended together and are expressed through painting."

The Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. The exhibit is open during office hours when Fellowship Hall is not in use and on Sundays after services. For information, call 472-0497.

#### Read us online at IslandSunNews.com



### Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Trash & Treasures Sale** – returning in November. Donations of clean, gently used items are needed. All items are tax deductible. Bring them to the center Monday through Friday between 8 a.m. and 3:30 p.m. The following items cannot be accepted: books, clothes, shoes, computers or old TVs.

**Page Turners with Ann Rodman** – If you are not on the Page Turners list, and wish to be, email annrodman@ aol.com or contact the Center 4 Life.

The featured book for Wednesday, May 11 at 2:30 p.m. is *Go Set a Watchman* by Harper Lee. "Don't let *Go Set a Watchman* change the way you think about Atticus Finch... the hard truth is that a man such as Atticus, born barley a decade after Reconstruction to a family of Southern gentry, would have had a complicated and tortuous history with race." – *LA Times* 

**Chihuly Glass Studio Private** Tour, Morean Arts Center Tour & Hot Shop Demonstration in St. Petersburg – Tuesday, May 3. Cost is \$35 for members and \$45 for non-members. Trip includes round trip tansportation and lunch at the Banyan Café. There will be a private tour of the Chihuly Museum collection, soup and sandwich at the Banyan Café, and a private guided tour of the Morean Arts Center followed by a glass-blowing demonstration at the Morean Glass Studio & Hot Shop. Limited spaces available. Advanced registration is required. Space is limited

**Games** – Cost for all games is \$2.50 for members and \$5 for nonmembers. Prizes are awarded. Starting May 2, game times change to 12:30 p.m.

**Bridge** – Monday and Wednesday, register by 12:30 p.m. Game begins at 1 p.m.

Mahjongg – Thursday at 1 p.m. Hand & Foot – Thursday at 1 p.m Tuesday and Thursday Kayaking – May 10 and 24 (weather permitting)



at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

#### **Fitness Classes**

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor. Offered through April 30.

Power Hour Fitness – Tuesday

#### ISLAND SUN - APRIL 29, 2016

and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.  $\$ 



#### Commission Approves Repairs For Cooper House

by Jeff Lysiak

The only action item on Tuesday's planning commission agenda, a request for a Certificate of Appropriateness to complete necessary repairs at the historic Cooper House, was approved unanimously. During the brief session,

commissioners considered the request of RLR Investments, LLC, owners of the Old Sanibel Shoppes located at 630 Tarpon Bay Road, to repair the foundation and roof of the Cooper House. Originally built in 1891, additional improvements proposed for the structure include the replacement of windows, siding, handrails and chimney.

Roy Gibson, senior planner for the City of Sanibel, presented the staff report.

"Much of the work represents repairs to the building and restoration of damage due to impacts from weather and aging components of the building," he noted. "None of the proposed work to the Cooper House will result in either a structural alteration or a substantial improvement to the building."

During the presentation, which was also attended by Lisa Bramm, property manager, and Rick Kennedy, building contractor for the project, Gibson also explained that the city's historical preservation committee had approved the proposed renovations at its April 7 meeting.

According to materials accompanying the application, "George Madison Cooper built this house



The historic Cooper House, located in the center of the Old Sanibel Shoppes at 630 Tarpon Bay Road, will undergo a number of repairs this summer, including the replacement of windows, siding, handrails and chimney photo by Jeff Lysiak

in 1891 on 160 homestead acres. Eventually, he added three tenant houses and a packing house which served as a polling place for islanders until 1910. He came to be known as Captain Cooper and he put in Tarpon Bay Road to access the dock at Tarpon Bay. He also operated schooners and launches, which traded as far away as Mobile and Honduras. In 1982, a sole structure occupied the site. At this point, numerous other commercial structures adjoin the original house." Following Gibson's presentation,

Sanibel & Captiva Islands

commission chair Dr. Phillip Marks questioned why the site – which had undergone renovations as recently as 2006 – was being repaired again. Gibson noted that a decade ago, the renovations completed the shopping center were "mainly cosmetic."

"In this harsh environment, this building is in need of ongoing maintenance," he added.

Kennedy explained that the Cooper House was an interesting property.

"The chimney issue only came up over the last couple of years," he said. "At first, we couldn't tell if the chimney was pulling away from the house or the house was pulling away from the chimney."

Following a few brief remarks, commissioner Jason Maughan made a motion to approve the application, which was seconded by vice chair Chris Heidrick and approved, 6 to 0, with commissioner John Talmage absent and excused.

Independently Owned And Operated COPYRIGHT 2016 Island Sun





PRINTED ON RECYCLED PAPER

PRINTED WITH LOW-RUB, SOYBEAN INK USPS 18: Bulk Rate permit paid for at Sanibel, Florida, 33957. Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal). Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery). Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call (239) 395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: (239) 395-2299. E-mail: press@islandsunnews.com

E-mail: ads@islandsunnews.com

#### Read Us Online: www.IslandSunNews.com

**Publisher** Lorin Arundel

Advertising Bob Petcher

Graphic Design & Production Ann Ziehl Kristy See Diane Wynocker

> **Reporters** Anne Mitchell Jeff Lysiak

#### **Contributing Writers**

Kimberley Berisford Kay Casperson Constance Clancy, ED.D. Suzy Cohen Linda Coin Marcia Feeney Ed Frank Jim George Shelley Greggs Marion Hauser, MS, RD Ross Hauser, MD Bryan Hayes

Tanya Hochschild Shirley Jewell Audrey Krienen Dr. Jose H. Leal, Ph.D. Capt. Matt Mitchell Gerri Reaves Ph.D. Angela Larson Roehl Nikki Rood Di Saggau Karen L. Semmelman Jeanie Tinch

Craig R. Hersch

# Sanibel-Captiva Conservation Foundation

Preserve

Entrance to SCCF's Native Landscapes &

Garden Center at the Bailey Homestead

#### Garden Walk At The Bailey Homestead

Take a walk through the native landscapes at the SCCF Bailey Homestead Preserve at 10 a.m. on Wednesday, May 11. Stroll through the wildflower and pollinator garden, the agricultural area as well as the native landscape surrounding the old house. Learn about the connections between native birds, butterflies and pollinators to their favorite native plants. The wildflowers are currently in bloom. Buy some seagrape and mangrove honey or take home a native Florida wild sweet basil to make your own pesto.

Participants will meet in the last parking lot at the entrance to the Native Landscapes & Garden Center. No reservations are needed

& Garden Center. No reservations are needed. For questions or more information, call Dee at SCCF at 472-2329.

#### **Snowy Plovers**

Snowy plovers are now nesting on island beaches, so watch where you walk. SCCF has been staking and monitoring plover and least turn nests on Sanibel and Captiva for more than 15 years. Join an SCCF biologist on Thursday, May 12 and 26 at 1 p.m. in the SCCF Nature Center, located at 3333 Sanibel Captiva Road, to learn about this threatened species and what you can do to protect them. Call 472-



A snowy plover with three eggs in its nest

2329 for more information. The cost of the program is \$5, with SCCF members and children admitted free.

Call SCCF at 472-2329 for more information on these programs. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.



#### 12 | ISLAND SUN - APRIL 29, 2016 Rotary Grant Helps Center Purchase Playground Blocks



The Sanibel-Captiva Rotary Club's grant allowed the Children's Education Center of the Islands to purchase outdoor building blocks for the preschoolers



# **COME WORSHIP**

with Sanibel Fellowship, SBC

Sunday 10 to noon

Meeting now at George & Wendy's Sanibel Seafood Grille (2499 Periwinkle Way) Park and enter side door please Pastor Mark Hutchinson – 239-284-6709

#### **OBITUARY**



JENNY ANGOTTI

Jenny Angotti (nee Sharp), 79, of Elyria, formerly of Avon Lake and Fort Myers, Florida, passed away on April 19, 2016. She was born on September 2, 1936 in Dillwyn, Virginia. She was the owner of Jenny's Swim & Cruise Wear on Sanibel Island, Florida.

#### Churches/Temples ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study. www.orthodox-faith.com, 481-2099

**BAT YAM-TEMPLE OF THE ISLANDS** The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Alan Lessack at 239-579-029.

CAPTIVA CHAPEL BY THE SEA The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684. SANIBEL FELLOWSHIP, sbc

SANIBEL FELLOWSHIP, sbc Join us for worship Sunday 10 to noon Meeting now at George & Wendy's Sanibel Seafood Grille, 2499 Periwinkle Way, Park and enter side door please Pastor Mark Hutchinson 239-284-6709 SANIBEL COMMUNITY CHURCH 1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor Jenny was dedicated to her children and grandchildren, and she also loved animals, especially her dog Pierre. She also loved to read. She is survived by daughter Jolie Jesensky; sons Ronald (former spouse Linda) Gray and Donald Gray; daughter-in-law Becky Gray; adopted daughter Jill Lemmerman; grandchildren Ryan Gray, Destiny Gray, John Gray and Cheyenne Gray; sister Addie Louise "Peewee" (Stanley) Shifflett; and nephew John Henry (Gayle) Ryder, along with their children and grandchildren.

She was preceded in death by her husband Fred J.; son John Gray; and sister Marie Ryder. In lieu of flowers, memorial contributions in Jenny's name may be made to The Animal Protective League, 1729 Wiley Avenue, Cleveland, OH 44113 or PAWSibilities Humane Society of Greater Akron, 7996 Darrow Road, Twinsburg, OH 44087. Visitation is at the Busch Funeral Home, 163 Avon-Belden Road, Avon Lake, Ohio on Friday, April 29 from 5 to 7:30 p.m. A memorial service will follow the visitation at 7:30 p.m.‡

> Read us online at IslandSunNews.com

Sunday Worship: 8 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services. **SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST** 2050 Periwinkle Way 472-0497 The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access. **ST. ISABEL CATHOLIC CHURCH** 3559 San-Cap Road, 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass

Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 8 and 10:30 a.m Sunday Eucharist, 10:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 6 p.m. Third Wednesdays Taizé Service. 472-2173, www.saintmichaels-sanibel.org UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol. com or 433-4901.<sup>\*</sup>



#### 14 | ISLAND SUN - APRIL 29, 2016 End Of Season Musical And Awards Banquet



Kathy Cramer presented Dave Hoggatt with the Ernie Gunther Award, given annually to an adult for their service



Kindergarten through fifth grade students presented the musical Once Upon a Parable



Savannah Jarrett, Harrison Jones, Kelyse Schafer, Daniel Tison, Chloe Selby, Jace Foster, Sam St. Gean and Jony Chavez, members of the LOGOS preschool, sang a musical medley at the closing program

Parents joined the kids for dinner and awards on Wednesday, April 20 during the last LOGOS program of the year at Sanibel Community Church. Preschoolers sang a medley and kindergarteners through fifth graders presented the musical Once Upon a Parable.

Dave Hoggatt received the Ernie Gunther Award for serving as bus transport, kitchen crew, table parent and one of the kids' favorite adults.

#### Programs Help Neighbors During Summer

A s the snow birds head north and the islands wind down for the season, many suspect that the same holds true for FISH, however, it is quite the opposite.

"June through October are as busy as the rest of the months for our agency," said Maggi Feiner, president and CEO.

"Sometimes, parents, particularly those in the hospitality industry, see their job hours are cut due to the lower occupancy rates. Unfortunately, that coincides with children's summer vacation, and we have many requests for assistance with summer camp scholarships around this time.

"Additionally, while most students will leave their classrooms happy for the break, some parents will be fretting about how to feed their children without meals provided through schools. Therefore, our children's (food) backpack program picks up, as do visits to our food pantry," said Feiner. Other programs see an increase

Other programs see an increase during summer months, including the Adult Continuing Education Scholarship program, and the Emergency Financial Assistance program, particularly for rent and utility bills.

The community can help by donating unopened, unexpired canned goods to FISH's Walk-In Center, 2430 Periwinkle Way. Perishable items are accepted Monday through Friday from 10 a.m. to 4 p.m.

Summer volunteers are always needed, particularly for driving duties, and financial donations can be made year-round.

To learn more about FISH, its programs and services, or volunteer opportunities, visit fishofsancap.org.



Wearables Gifts • Art 2451 Periwinkle Way Bailey's Center 239 • 313 • 0535 whimsonperiwinkle@gmail.com Mon - Sat 10am-5:30pm



Katie Moses, a ranger at Lover's Key State Park, discusses the anatomy of sharks during her lecture at CROW's Visitor Education Center on April 18. Here she holds a shark's jaw and an individual tooth. photos by Jeff Lysiak



Examples of a tooth from a shark approximately 17 feet long (left) and a megaladon - a prehistoric ancestor of today's sharks - which grew up to 60 feet long

# Shark Encounter Lecture Draws Crowd To CROW

#### by Jeff Lysiak

The latest in this year's popular Speaker Series of lectures, entitled Shark Encounters In Southwest Florida, was held on April 18 at the Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel. During the hour-long lecture, Katie Moses, park services specialist at Lover's Key State Park, Fort Myers Beach, discussed the anatomy of the often misunderstood marine predator, the habits and environment sharks prefer, and how to prevent an attack.

"Sharks are incredibly interesting because there are so many fascinating facts about them," Moses told an audience of 29 gathered at CROW's Visitor Education Center. "But there are a lot of myths and misinformation out there about them."

According to Moses, there are more than 450 different species of shark worldwide. The most common species found in Florida's Gulf coast waters include the bull shark, tiger shark, nurse shark, blacktip shark, bonnethead shark, lemon shark and great hammerhead shark.

"My first encounter with sharks was seeing the movie *Jaws*," explained Moses. "I was way too young at the time, so the next time we went to the beach, I was terrified and didn't want to go into the water."

She further explained why she became fascinated by – and an advocate for – educating the public about the widely unknown and misunderstood creature. "A lot of people think that sharks are these mad, man-eating animals... but they're really not. In continued on page 23



#### Sanibel-Captiva Conservation Foundation

#### Caloosahatchee Oxbow & Riverlore Cruise — May 8

Come with us to experience the historic meanders of the upriver Caloosahatchee on this 2.5-hour cruise guided by Rae Ann Wessel. Last





cruise of the season. Advance reservations and payment required. \$45 per person. Call 472-2329.

Tank Talk — May 3



Learn about the Nature Center's educational ambassadors living in tanks, including an endangered Indigo snake, Florida softshell and snapping turtles and Diamondback Terrapins. *Tuesday, May 3 at 10 a.m.* \$5 adults

#### Turtle Tracks — May 5

The summer nesting season has begun! Most of the islands' nesting sea turtles are loggerheads, but there have also been a few green nests and Sanibel has twice documented a leatherback nest. Sanibel had one of the first sea turtle nest monitoring programs in the country. Learn



about the life cycles and habits of the sea turtles and shorebirds that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them.

#### Thursday, May 5 at 10 a.m. \$5 adults.

**Explore Our Trails, Nature Center and Observation Tower** *Butterfly House* – Guided tour Tuesdays 10 a.m.; also self-guided. *Nature Center* – live turtles, snakes, videos, 4 miles of walking trails with an observation tower. \$5 adults

The Shipley Trail - Located on the Bailey Homestead Preserve.

#### SCCF's Native Landscapes & Garden Center

Come visit our Native Landscapes & Garden Center at at the Bailey Homestead Preserve. You can see native plants in some of the different island habitats in our demonstration gardens. 1300 Periwinkle Way. Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat.

#### Sanibel-Captiva Conservation Foundation

3333 Sanibel-Captiva Road (one mile west of Tarpon Bay Road)
 Nature Center: Open Monday-Friday 8:30 a.m. - 4 p.m.
 Garden Center: Open Monday-Friday 8:30 a.m. - 5 p.m.

SCCF: (239) 472-2329 Garden Center: 472-1932 www.sccf.org



26 Unique Stores In A Tropical Setting • 2075 Periwinkle Way • Shop Mon - Sat 10-8 Sun 12-6 • Dine Mon - Sun 9-9



#### 18 | ISLAND SUN - APRIL 29, 2016 CROW Case Of The Week: Tokay Gecko

by Bob Petcher



on-native reptiles, like invasive plants and trees. can pose a threat to our delicate eco-system.

The tokay gecko (Gekko gecko) is no exception. Native of

Southeast Asia, this particular creature from the lizard family is larger than most geckos, reaching up to 35 centimeters or more than 13 inches. It has a large head, a robust build and a tail that can grab, hold and manipulate objects to a degree. The eyes of the tokay gecko have vertical pupils, while its soft-to-the-touch skin is generally gray with red speckles. However, like many lizards, this gecko can change the color of its skin to blend into the environment. In fact, this species is sexually dimorphic, with the male known for being more brightly colored than its female counterpart.

"Tokay" is derived from the loud, two-part clicking call that the males make during the breeding season, both to attract females and to warn other males away from their territory.

While its native habitat is a rainforest, where it lives on trees and cliffs, the tokay gecko can also adapt to rural human habitations, which it does frequently

by roaming walls and ceilings at night in search of insect prey. And, because of Florida's status as a center for the importing of exotic pets from overseas and being a neotropical climate, the Sunshine State is the land of invasive species.

Pet tokays are easy to care for and attractive, but they are known as the meanest lizard around and are willing to utilize their muscular jaws and bite the hand that feeds them, and not let go.

Simply put, the tokay gecko is regarded as unfriendly. Inexperienced keepers have been known to release these now-unwanted pets.

These traits would tell you that this creature does not have the same demeanor as the animated gecko that sells car insurance. You would be correct to say that.

Officials at CROW have recently created an invasive species exhibit featuring a female and male tokay gecko. The exhibit was designed with part of CROW's mission in mind: "Saving wildlife through state-of-the-art veterinary care, research, education and conservation medicine.

The geckos arrived last week from an exotic animal dealer in Naples. They are involved in the first part of CROW's forthcoming invasive species section that will be in the visitor education center.

CROW officials say tokay geckos are tough and adaptable. They are estimated to live approximately 10 years in captivity. Their daily diet includes crickets, mealworms and superworms.

"As with all wild animals, people



The larger of the two tokay geckos in the exhibit is believed to be the male

should respect them and keep a safe distance," said CROW Education Coordinator Rachel Rainbolt. "Tokay's are territorial and, when they bite, they do not let go. They are very aggressive and will bite when they are threatened, afraid or stressed.

The captive tokay geckos will be in the CROW exhibit for educational purposes only, said Rainbolt. CROW officials have no intention to study the exotic creatures nor are they patients in the CROW hospital.

There will not be a study conducted. The geckos are for educational display,

she said. "Our goal is to educate local residents and tourists about the effects of invasive species. We want visitors to leave our visitor education center with knowledge about local wildlife that they previously did not have.'

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆

> Ireland Yacht Sales Dedicated to Yachting Excellence"

Gramma Dot's

Sanibel Marina



#### Seaside Dining

Taste of the Islands "People's Choice Award" Winner Seven Continuous Years Lunch & Dinner

#### 472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • www.sanibelmarina.com

# SANIBEL THRILLER CRUISES

Gramma Dot's

Sanibel and Captiva Islands' Most Exciting

with Dolphins

**Boat Tour** Circumnavigating Sanibel & Captiva Islands

#### 239.472.2328 • www.sanibelthriller.com



Reservations are required • Also Available for Private Charters Departing from Sanibel Marina 634 N. Yachtsman Dr. • Sanibel Island



# Life New Opportunities at Shell Point

The public is invited and many of these events are **FREE**!

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events, and more!

#### explore imagine create inspire laugh learn play





Enrichment

Series

# May 3, 11, 17, 25 & 31 at 9:30

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission is free. Call (239) 228-4080 or 1-800-780-1131 to reserve your place.

# May 3 Behind the Scenes of The Assassin's Honor

at 10am. Travel with author Robert Macomber as he shares the backstory of his latest historical espionage thriller, The

Assassin's Honor. Highlights from Macomber's book focus on the exotic Mayan coast of Mexico, the shadowy world of Havana, the back alleys of Key West, and Tampa's quaint Spanish guarter of

Ybor City - and events that transpired there 120 years ago, changing world history. Tickets are \$10. Call (239) 489-8472 to reserve your place.\*

Havana



The Academy

of Lifelong Learning

# Every Tuesday in May English History and

#### Culture – Five Sessions

from 4:30pm to 6pm. Professor Adrian Kerr hosts this class, designed for anyone with an interest in English history and culture. Rather than focusing on dates, this lecture series will

recount the lives and times of England's most famous kings, queens, and leaders. He will also examine England's cultural impact,

which spans the modern world. Tickets are \$10 eacsession. Call (239) 489-8472 to reserve your place.\*

at 10am. Author Robert Macomber shares the fascinating story of Spain's fabled Treasure Fleets,

which brought the riches of the world home to Sevilla, and made Spain the most powerful nation in the world 500 years ago. Meet the



#### Academv of Lifelong Learning .

### **The Great Armadas**



#### men who sailed these ships, the men who tried to capture them, and their perilous connection with

Florida, Tickets are \$10, Call (239) 489-8472 to reserve your place.\*



#### Yachts That Went To War at 10am. Author Robert Macomber shares an incredible story of elegant yachts during the gilded age that became warships in the U.S. Navy during the Spanish-American War. Several of them served our nation for decades, becoming world-famous ships and making history along the way. Tickets are \$10.

Call (239) 489-8472 to reserve your place.\*



#### ay 24 The Living Gulf Coast – Meet Your Neighbors!

at 10am. Critically acclaimed Sanibel author Charles Sobczak will present an illustrated discussion about birds, reptiles, and mammals that thrive throughout Southwest Florida. The author of three awardwinning nature guides will describe these animals, what they eat, and who eats them. Learn how these various creatures survive in the wild and the

dangers they sometimes pose for Floridians. Tickets are \$10. Call (239) 489-8472 to reserve your place.\*



\*If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.

SHELL POINT

Retirement Community Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation Visit www.shellpoint.org/events for full listings of this month's events!

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway. ©2016 Shell Point. All rights reserved. SLS-3115-16

#### **20** | ISLAND SUN - APRIL 29, 2016

# Wild Bushbean

by Gerri Reaves

If you discover wild bushbean (Macroptilium lathyroides) in your yard, admire its gorgeous flowers and then consider getting rid of it. This pretty annual was listed three years ago as a category-II invasive species by the Florida Exotic Pest Plant Council.

Reddish purple or maroon flowers bloom all year long, with many flowers appearing on a long stalks. Rarely, the flowers are white or pink.

The two longer petals, or "wings," are positioned at odd angles. The keel, or ridge, formed by two lower fused petals, is twisted in a spiral, adding to the lovely flared appearance. The upper spreading erect petal is almost an inch long.

The leaves are composed of three oblong or elliptical leaflets that can be slightly lobed at the base. They measure

up to about three inches long and up to an inch wide.

The fruit, a long flat pod, grows up to 10 inches long and holds 20 or more seeds. At maturity, the pod explodes, sometimes sending those kidney-shaped beans several feet from the plant.

Wild bushbean is prostrate, trailing or climbing, reaching several feet high, sometimes growing vine-like amid shrubs.

Although it has not caused the ecological damage demonstrated by category-1 plant species, this native of the Caribbean region, Central and South America has "increased in abundance or frequency" to an extent that causes serious concern for natural areas.

It is now found throughout most of the state, especially in the Florida Keys. Should sufficient alteration and disruption of native-plant communities be demonstrated, it could be listed as a category-1 invasive in the future.

The plant also threatens the agricultural industry because it can harbor the bean golden yellow mosaic virus.



The slender pods will eject the beans upon maturity

A member of the bean family, it is also called phasey bean, cow pea, quail bean and wild-bean. It is cultivated as a crop in Latin America and as cattle fodder in many parts of the world.

One positive attribute of wild bushbean, however, is that it's a potential host or nectar source for several native butterflies.

But you're better off planting native butterfly host plants.

Sources: *Everglades Wildflowers* by Roger L. Hammer, ctague.pairserver.com, fleppc.org, freshfromflorida.com, ifas.ufl.edu, and tropicalforages.info.

Plant Smart explores the diverse flora of South Florida.





Wild bushbean is a category-II invasive plant in<br/>FloridaFloridaphotos by Gerri Reaves



Bailey's General Store Captiva Diva Discovery Senior Center Gulf Star Marina Island Sand Paper Key West Express Must Do Visitor Guides & <u>MustDo.com</u> R.S. Walsh Landscaping Sanibel Air & Electric Semmer Electric / Bonita Bills Shoreline Lumber Don Wildman

#### Tarpon Fishing Is Right On Schedule by Capt. Matt Mitchell



ur water temperature finally hit that magic number of 78 degrees. And just like always, our springtime tarpon migration has begun. The lack of rain for the last month has done wonders for the water clarity, with the sound being as clear as it gets. During the few calm light wind days we experienced this past week, these tarpon could be spotted rolling in all the usual places throughout the sound. Hiding from the wind on a charter I took this weekend, we gave tarpon fishing a try for a few hours. Despite the far from perfect rough and

windy conditions, we still managed to jump one and did see some free jumpers. The whole month of May is prime tarpon

time in our area, so it's a big relief to see that these fish have arrived right on schedule and in huge numbers.

Huge high midday tides this week –pushed up even higher by westerly winds – were a real treat, allowing access to fish creeks and shorelines I just have not even been in for years because they are just too shallow.

Some of these creeks are just wide enough to fit a boat into and you hardly ever see a angler at all. One set of these creeks way back in the JN "Ding" Darling National Wildlife Refuge was not only the perfect place to hide from crazy strong winds but contained crystal clear water, redfish and big trout. Catching fish in places you haven't been able to even get to in years was a thrill.

Snook fishing with live shiners was my mainstay this week, and I managed to put my clients on decent numbers of snook during most trips. These snook seem to still be very spread out, as we are catching them anywhere from deep in the mangrove creeks, on oyster bars in the middle sound and in the passes. Most spots were good for a few bites, but no more than about five or six fish before the bite quit. By this time the past few years, snook have been already stacked up in the passes, though this has not quite happened yet.

# Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

Cast carefully to

in mangroves



Leon Walden from Arkansas with a slot-sized redfish caught while fishing with Capt. Matt Mitchell this week

Out along the beaches, some of the best big trout fishing of the year is going on. This annual movement of these big trout coincides with snook doing the same thing. Beaches within close proximity to the passes, along with west rocks and blow downs, will produce some real monster trout over the next few months. Live shiners and pinfish are the baits of choice for this. Don't be surprised to hook into a big snook while targeting these trout. Most of these trout are over the 20-inch max, so handle



them as little as possible before releasing them.

After what was a really tough couple of months for our local waterways caused by all the January and February rains and the water releases from Lake O, it's awesome to see the sound now back to being clear. This could not have happened at a better time for our tarpon fishery. Everything seems to be lining up right to give us one of the better tarpon seasons we have had in the past few years.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.举



### SCCF Records First Sea Turtle Nest Of Season

CCF's first nest of the season – and the first for the entire gulf coast was laid on Captiva Island the night of April 21. Kerry Salatino, a volunteer turtle permittee found the crawl during her survey on the morning of April 22 What a great way to celebrate Earth Day.

The earliest nest ever recorded on Captiva was on April 20, 2012, while the earliest nest recorded on Sanibel was April 25, 2012.

To report a dead or injured sea turtle, contact the new SCCF Sea Turtle Hotline at 978-728-3663 (978-SAVE-ONE)

#### **Loggerhead Sea Turtle Facts:** • Loggerheads are one of seven

species of sea turtles in the world • Nesting/hatching season occurs from April 15 through October 31

 Adult loggerheads can grow to more than three feet long and weigh 200 to 350 pounds

• A female loggerhead may nest around 36 times per season

• Each nest contains 100 or more leathery ping-pong ball-sized eggs

 Incubation takes about 55 to 65 days depending on sand temperatures

• It may take 30 years or more for loggerhead hatchlings to reach maturity How You Can Help:

• Turn off or shield all lights that

#### From page 15 Shark Encounter

fact, they're one of the smartest in the ocean.

Piece by piece, Moses assembled a model of a shark, describing the purpose of each appendage or feature including:

• Skeleton – Made of cartilage, not bone

• Skin – Smooth in one direction, rough (like sandpaper) in the other

• Tail (caudal) fin - The "engine" of the shark, used to propel and "steer" while swimming • Top (dorsal) fin – Used to keep the

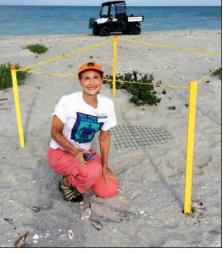
shark stable and upright

• Side (pectoral) fins – "Wings" which give sharks ability to rise while swimming

• Mouth and gills - Allow water to pass through mouth (while breathing in) and through the gills (while breathing out); sharks must swim constantly in order to breathe

In addition, Moses talked about the shark's keen sense of hearing, with the ability to hear sounds from a distance of up to one mile. Another unique appendage - known as the Ampullae of Lorenzini - allows a shark to detect electrical impulses in the water. When hunting for prey, sharks use this in order to detect muscle contractions (such as a heartbeat) given off by other animals.

But perhaps their most impressive sense is their ability to smell blood. In fact, Moses noted that 90 percent of a shark's sensory activity is dedicated to smelling.



#### Kerry Salatino poses by Captiva nest #1

are visible from the beach. Avoid using flashlights on the beach. If necessary, use amber or red LED bulbs

• Do not disturb the screens covering nests. They prevent eggs from being eaten by predators and the hatchlings emerge through the holes without assistance

• Remove all beach furniture and equipment from the beach at night • Dispose of fishing line properly to

avoid wildlife entanglement • Fill in large holes that can trap

hatchlings

• Do not disturb nesting turtles please do not to get too close, shine lights on, or take flash photos of nesting sea turtles • Pick up litter.举

"Imagine an Olympic-sized swimming pool... and then double that size. A shark can smell a single drop of blood in that amount of water," she said, noting that the scent of both vomit and urine - considered indistinguishable by the fish - can attract sharks as well.

Sharks do, however, have poor eyesight.

After passing around several examples of shark's teeth (including a replica of a megaladon tooth, a prehistoric ancestor of today's sharks, which grew up to 60 feet long), Moses offered information that may be of comfort to those who fear being attacked by a shark. Worldwide, there were 98 shark attacks reported in 2015 (with six deaths). In the United States last year, there were 59 attacks (30 in Florida), with a single death occurring in Hawaii. While those statistics may seem alarming, it is a relatively small number amongst all "man vs. nature" attacks that happen every year.

Moses also shared some tips for avoiding a shark attack:

 When going in the water, stay close to shore

• Don't swim in the ocean alone; swim near a lifeguard

 Don't wear light-colored swimwear; black is the best option

• Don't wear jewelry; sharks are attracted to shiny/reflective objects

 Don't go swimming in dark or murky waters

"In Florida, you're 30 times more likely to be struck by lightning than be bitten by a shark," Moses added.



# (NO RESERVATIONS REQUIRED)









#### 24 | ISLAND SUN - APRIL 29, 2016 Shell Of The Week Calico Scallop



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

This is another long overdue tribute to a lovely local bivalve: the calico scallop, Argopecten gibbus

(Linnaeus, 1758). Because of the range of colors and diverse patterns on their shells, calico scallops are one of the species that catch immediate and irrevocable attention of casual or firsttime collectors walking the beaches of Southwest Florida.

Calico scallops are members of the scallop family *Pectinidae*. Many scallops are capable of short (and fast) bursts of swim, which they perform by squirting jets of water from around the edge of their shells. Scallops do this to avoid predators, and are able to detect the latter, among other means, via a large numbers of small eyes. The image on the left, taken by Amy Tripp, shows the tiny eyes deployed along the mantle edges of a local calico scallop. Learn more about local mollusks at http://shellmuseum.org/shells/ southwest-florida-shells.



The calico scallop, Argopecten gibbus, shells and live animal photographed by Amy Tripp. Observe the two rows of eyes along the mantle edges.

#### Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn). Mollusk movies and scavenger hunts continuously throughout each day.

Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes.)

Tuesday at 1:30 p.m.: Shell Bingo. Wednesday at 1:30: Mollusk

Matinées – A series of nature-related lectures presented by local experts. (Please check shellmuseum.org for weekly topics.) Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo. The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆





Serving Breakfast

• Carry Out • Kids Menu • Beer & Wine Dine inside or out. You'll love our pet-friendly outdoor patio!

Breakfast & Lunch 7 am - 3pm

Olde Sanibel Shoppes 630 Tarpon Bay Road Sanibel, FL 33957 239.472.2625 fax 239.395-1458 OverEasy<u>CafeSanibel.com</u> **FICTION:** Pet food is less expensive across the causeway.

**FACT:** Island Paws consistently beats big box store prices on premium pet foods.

Come check out some of the great brands we carry. If we don't have it, we can order it! You'll never have to leave the island for pet food again!!!

Shop Local



CANIDAE

ACANA

### Deadline Friday For Camp At `Ding' Darling



Beach fishing is part of the curriculum at Nature Explorers Day Camp

The deadline for the inaugural Nature Explorers Day Camp at JN "Ding" Darling National Wildlife Refuge is Friday, April 29. Six consecutive weeklong camp sessions start on June 20 and run through August 5. Campers may attend only one session.

Each session is limited to 14 middle school students who have completed fourth, fifth or sixth grade from the Lee County and surrounding school districts or homeschool equivalent. Students attending Title 1 schools will receive preference. Lottery drawings will determine the remaining spots. Cost per one-week session per student is \$50; scholarships are available.

The camp program was made possible by a \$15,000 grant from an anonymous donor to the "Ding" Darling

# Fishing Club To Meet On May 3

The Sanibel Island Fishing Club will be holding its last meeting of the season on Tuesday, May 3. The next meeting will be held in October, after the angling snowbirds return to Sanibel.

The May 3 meeting will begin at 6:30 p.m. with a brief meet-and-greet in the north room of The Community House, located at 2173 Periwinkle Way on Sanibel. This month's featured speaker will begin his presentation at 7 p.m. sharp. There is no admission charge for the event and the angling public is cordially invited to attend. Pizza and refreshments will be available at a nominal charge.

This month's featured speaker is Bob Reed, considered by many local anglers to be the one of the best tarpon fishermen in Lee County. His presentation will focus exclusively on the dos and don'ts of catching the elusive tarpon. Capt. Reed joined the Fort Myers Beach Tarpon Hunters Club in 1991 and since that time has Wildlife Society-Friends of the Refuge (DDWS). The donation covers lunch and transportation for day campers, scholarships, T-shirts, digital cameras and other program materials. It will also underwrite stipends for one education intern to assist with the program.

Weekly activities include nature photography, wildlife observation,

boated in excess of 150 silver kings. He specializes in light tackle tarpon fishing, which is something most experienced tarpon anglers know is next to impossible.

Beyond fishing, Reed has a master's degree in zoology and is currently coaching is daughter-in-law, Nicole Reed, on how to catch-and-release tarpon. He has won the overall release award three times and has repeatedly won the light tackle award. For those anglers interested in hooking into and landing the premiere gamefish of Southwest Florida, Megalops atlanticus (tarpon), this is a program you will certainly want to attend. His PowerPoint presentation should last approximately 40 minutes, followed by an extended question-and-answer session.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as START, Lee Reefs and the Sanibel Sea School.

For information on joining the club, contact Warren Tiegen at 579-0354



**Captain Bob Reed releasing a tarpon** or attend our next meeting. To learn more about the club, to view great fishing photos or to explore

great fishing photos or to explore the fish recipe section, visit www. sanibelislandfishingclub.com.



saltwater fishing, kayaking, a beach walk, nature sketching, biking and nature crafts.

Students interested in applying for Nature Explorers Day Camp should visit dingdarlingsociety.org/day-camp for a printable application. For more information, call Larkins at 472-1100 ext. 236.5

### Japanese Floral Arrangements Demonstrated



Stephanie English shows how to create a simple arrangement in an unusual vase

n April 12, the Shell Island Garden Club hosted guest speaker Stephanie English and assistant Maureen Klingman as they demonstrated Japanese floral arrangements.



Stephanie English with a tropical arrangement

English and Klingman, from the Naples Ikenobo chapter, used colorful flowers, unusual vases and tropical greenery in its creations. They emphasized the importance of looking for singular beauty within flowers and branches to allow for achieving harmony with nature.

Ikenobo is the original style of ikebana which began over 500 years ago. Ikebana is the art of Japanese flower arranging.

English serves on the board of the North American region of ikebana international as well as president of the ikebana Ikenobo chapter.

### Master Gardeners

The 80th edition of the Master Gardener Lecture Series will be held on Thursday, May 5 beginning at 10 a.m. at the Sanibel Public Library, located at 770 Dunlop Road.

The lecture may be the only chance to learn about insect issues for the coming warm, wet season on Sanibel – the usual" bad boys," new destructive insects and recently introduced predator insects which attack the bad ones. Dr. AD Ali, senior scientist at the Davey Tree Institute (founded in 1880) is a PhD in entomology and will illustrate his program with incredible color PowerPoint digital photographs.

Dr. Ali has more than 30 years of experience in the green industry (including a BS, MS and PhD) and provides support to offices and field staff in seven southern states. His research has resulted in more than 350 published scientific papers and he has presented programs at over 350 seminars, conferences and workshops. More importantly, he is widely acknowledged as one of the most dynamic and articulate speakers in his field.

Dr. Ali is a hybrid scientist, a respected expert with a solid career of scientific research and published papers and books who has taken his knowledge and training out of the "ivory tower" and has used it in a practical way as a consultant, trainer and educator to the general public. "In my 13 years organizing these programs, I would place him in the top two or three speakers out of 78," said lecture organizer Dr. Phillip Marks. "Don't miss this preview of our coming insect issues."

The Master Gardener lecture is free and open to the public. Seating at the library is limited, so early arrival is advised.

Following the speaker's presentation there will be a brief discussion of the current status of the Zika Virus in Lee County by a physician.\*\*

### American Legion Post 123

n Sunday, May 1, American Legion Post 123 will serve a meatloaf dinner from 1 to 8 p.m. Cost is \$10.95. The following Sunday, May 8, barbecued ribs and chicken will be on the menu.

Every Tuesday, tacos are served all day and, on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

The Ladies Auxiliary has cookbooks available for a donation of \$15.

Flag Day is June 14 and if you have an American flag that needs to be retired, drop it off at your convenience.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

1451 Middle Gulf Drive

Sanibel Island, FL 33957





TO VIEW THE FULL MENU, VISIT SUNDIALRESORT.COM/EAT FOR RESERVATIONS, CALL 239-395-6017

SUNDIAL BEACH RESORT & SPA

# Welcome to Jerry's of Sanibel



Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

> Regards, Jerry's of Sanibel 1700 Periwinkle Way, Sanibel Island, FL 33957





# Sanibel Library Weekly Children's Programs

Sanibel Public Library's new youth services librarian, Deanna Evans, invites families to participate in a weekly program or just stop by to meet her. Evans has planned weekly children's programs through the end of May. Summer programs are to be announced.

The After-school Clique for 3rd through 5th graders meets Tuesdays from 3 to 4 p.m. The program will share never-knew-existed books, puzzles, games and crafts designed specifically for children in those grades.

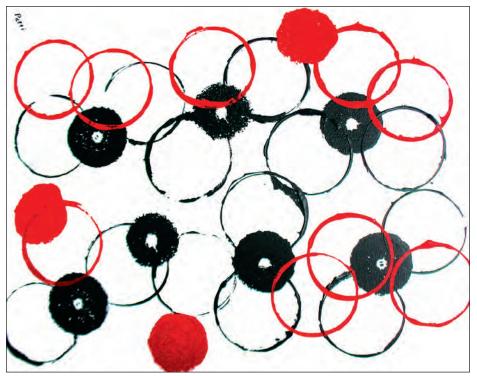
Family Storytime is Wednesdays at 10 a.m. This program helps develop pre-reading skills through songs, rhymes, finger-plays and stories. Length is approximately 30 minutes plus activities to follow.

After-school Crew K-2 meets Thursdays at 3 p.m. Similar to Tuesday's After-school Clique, the program will have activities designed for children in Kindergarten through second grade. If kids love dogs and books, they might enjoy reading to Bessie, a bearded collie and a Reading Education Assistance Dog. The READ program encourages children's love of books by providing a non-judgmental listener and furry friend. Bessie will be at the Library from 4 to 5 p.m. on rain-free Thursday afternoons. Readers can sign-up on the spot. Parents can also call to request a READ appointment for a different day.

The annual Summer Reading Program will start after the end of the school year, with details to be announced. If you have any questions about the youth programs, contact Evans at 472-2483.

The Library's teen space has two MacBook laptops, which can be used for research, printing assignments, or web browsing. The library has recently added many new teen and children's books to the collection in print as well as eBooks.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information about the library, call 72-2483 or visit www.sanlib.org.

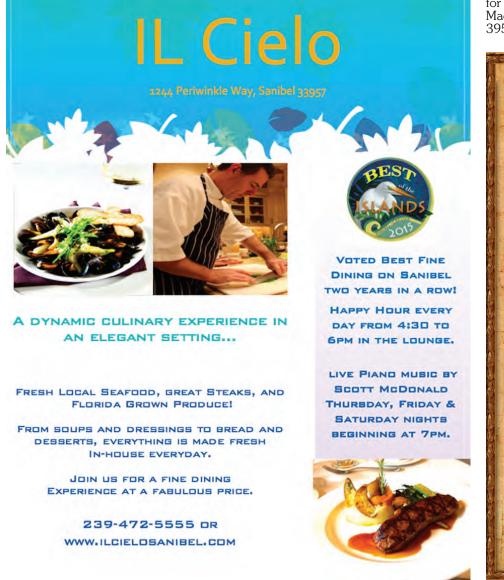


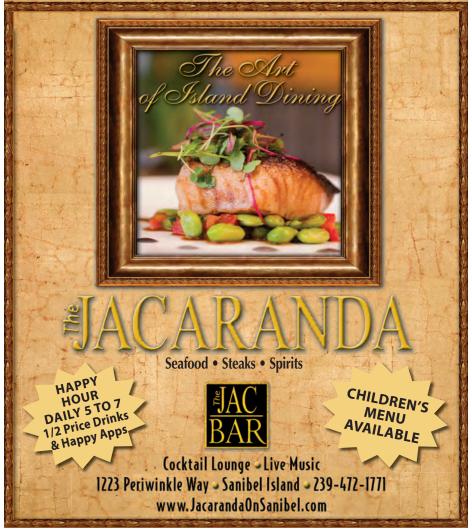
In The Round by disABLEd artist Patti Davis Exhibit To Open In Phillips Gallery

Art by the disABLEd, work by participants in Lee Memorial Health System's Arts in Healthcare program, will be on display from Monday, May 2 through Friday, May 27, in the BIG ARTS Phillips Art Gallery.

An artists reception is scheduled for Friday, May 6 from 5:30 to 7 p.m. in the gallery, 900 Dunlop Road.

Art by the disABLEd is a program for individuals with disabilities, looking for exhibition opportunities. For details, contact Program Coordinator Doug MacGregor at 343-2633 or by emailing art@leememorial.org. Call BIG ARTS at 395-0900 for directions and hours.





# Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink. net. Each week, individual work will be showcased.

selected by Tanya Hochschild

The Nairobi Club - 1920s

by Tanya Hochschild

Was home from home and more than that, A place where gentlemen – sirs, earls, a baron or two – Met other fellows of power and privilege, For a "splash" at sunset, Waited on by white-jacketed servants in red fezzes. In a masculine room of morrocan leather and deep mahogany wood. Or sipped in the lounge with aristocratic ladies, Bolters all. In front of a fireplace with their gins and t, and more than that. Looked out on acres of green lawns, A corner of England in a foreign land, Despite trees – acacias and fevers. The club, Where colonials raised eyebrows at small and big indiscretions As they would have back in the surrey countryside. Jealousies and infidelities Coursed through the membership, Tensions lurked in the club. But rules kept the surface of society smooth. It was, you see, home from home. And more than that – an outpost of the British empire.

The poem was inspired by Circling the Sun, a book written by Paula McClain, who recently came to talk to a Sanibel audience. Many readers enjoyed this book as well as her previous book, The Paris Wife, about the Hemingways.

To advertise in the Island Sun call 395-1213



Senving Royal Scoop Ice Cneam! 2330 Palm Ridge Road (Across From CVS) 239.579.0807 • RosiesCafeSanibel.com You'll get hooked on our waterfront view... Seafood, Southern & Cajun Cookin'

#### RESERVE TODAY: MOTHER'S DAY BREAKFAST OR ALL DAY BUFFET

#### MOTHER'S DAY BREAKFAST BUFFET

9ам-noon. Kids 5 & under eat free. Adults – \$24.95 Kids 6 to 12 – \$12.95

Eggs Benedict Bagels, Lox & Crème Fraiche Fresh Fruit Yogurt & Granola Omelette Station Waffle Station Biscuits & Gravy

Scrambled Eggs e Bacon & Sausage Breads & Pastries Breakfast Potatoes Honey Bun Bread Pudding Cheese Grits Ham Carving Station

Bloody Mary Bar & Mimosas Additional

#### MOTHER'S DAY ALL DAY BUFFET

NOON-8PM. KIDS 5 & UNDER EAT FREE. Adults – \$34.95 Kids 6 to 12 – \$17.95

Prime Rib Carving Station Chicken Marsala Southern Squash Casserole Butter Fish Shrimp & Grits Shrimp Cocktail Seasonal Vegetables Mashed Sweet Potatoes Fruit & Tossed Salad Mac & Cheese Pasta Primavera Delectable Desserts



Mon-Fri 11am-10pm. Sat & Sun 8am-10pm. Located before the Sanibel Bridge in Fort Myers.

SSHookers.com • 239-466-5377



#### <sup>Book Review</sup> When Breath Becomes Air



by Di Saggau

Air opens with a trainee neurosurgeon examining a set of images from a CT scan. His highly trained eye sees how tumors are

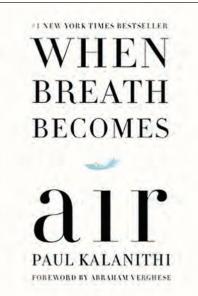
dispersed across the lungs, how the spine is deformed, how one lobe of the liver has been destroyed. His diagnosis: "Cancer, widely disseminated." What makes this case different from the dozens he deals with each week is that these are scans of his own body.

Paul Kalanithi discovered he had inoperable lung cancer at the age of 36. He had everything to live for. After a decade of training, he was close to qualifying as a neurosurgeon and was planning to start a family with his wife, Lucy. He had a 40-year career plan that was suddenly shattered. Confronting a terminal illness, he continued working for awhile, and as the cancer weakened his body, he turned to writing. This book is the result of his writing and it is well worth the read. It's already a bestseller and it allows the reader to enter the life and work of an extremely courageous man.

239-47BEACH

(239-472-3224)

www.beachpiez.com



In choosing neurosurgery, Kalanithi worked more than 100 hours a week doing operations in which the difference between life death could be a matter of millimeters. Kalanithi is inspired by a quote from Beckett that comes back to him from his literature days: "I can't go on... I'll go on." As he said, "Before my cancer was diagnosed I knew that someday I would die, but I didn't know when."

After the diagnosis, the only difference was he knew it would be soon. At first, he obsesses about statistics and survival. He wants to know how long he has. If it's three months, he'll spend time with his family; one year and he'll write a book;

MIBEL ISLAND

ten years, he'll go back to medicine.

Being a patient opened Kalanithi's eyes. The prospect of death looked so different than it did from a doctor's perspective. He and Lucy decide to have a child. Lucy asks him, "Don't you think saying goodbye to your child will make your death more painful?" Kalanithi responds, "Wouldn't it be great if it did?" The power of this book is that we are all confronting our mortality every day. The real question

### Symphony Awards Scholarships

The Southwest Florida Symphony Society awarded \$29,000 in scholarships to area music students at a banquet on April 6.

Vocalist Emily Swope, a senior at Ave Maria College and winner of the Marilyn Van Sickle Vocal Competition, was awarded a \$2,000 four-year scholarship, and 17-year-old violist Cassie Drake was the overall winner of the \$1,800 Jillian Prescott Music Award. Both performed at the banquet.

The Marilyn Van Sickle Vocal Competition, held every two years, is open to high school seniors who plan on majoring in music with voice as their principal instrument or to vocal majors in college or graduate school. we face, Kalanithi writes, is not how long but rather how we live our life.

When Breath Becomes Air is an inspiring look into a young man's life and death. Kalanithi died at age 37 last year. His wife wrote the epilogue for the book. A quote on the back cover by Atul Gawande says it all: "Rattling, heartbreaking and ultimately beautiful, the too-young Dr, Kalanithi's memoir is proof that the dying are the ones who have the most to teach us about life."

The Jillian Prescott Music Award is an annual competition for keyboard, voice and instrumental performers 12 to 22 years of age who are residents of Lee, Charlotte, Collier, Glades and Hendry counties. The overall winner performs with the Southwest Florida Symphony.

Other competition winners included Megan Burkhead, flutist; Chansik Youn, piano; Brigid Wallace, youth voice; and Selena Masters, young adult voice. Nadia Marshall, voice; Brian Henry, percussion; Jason Gomez, piano; Mario Trejo, horn; and Noah Waddell, piano, were given \$2,000 scholarships.

Scholarship auditions are held in December and open to all high school and college students enrolled in a music program.

For information, visit swflso.org or call 418-0996.☆



Drinks

Water and Coke products

Monday - Wednesday 11am - 9pm Thursday - Saturday 11am - 10pm Delivery to job sites, businesses AND Sunday 12pm - 9pm beach access from open to close!

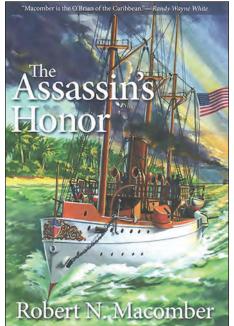
2441 Periwinkle

Way

In Bailey's Shopping Center

#### ISLAND SUN - APRIL 29, 2016 31

# Life Enrichment Classes In May At Shell Point



Behind the Scenes of Assassins Honor



Professor Adrian Kerr

A uthor Robert Macomber will share the back story of researching his latest historical espionage thriller, in a Life Enrichment class at Shell Point Retirement Community on May 3.

The Assassin's Honor highlights include tales from the Mayan coast of Mexico, the world of Havana, the back alleys of Key West and Tampa's Ybor City. He will talk about research, which



Charles Sobczak will talk about wildlife of Southwest Florida

included NSA archivists and linguists, communist historical scholars and steam engine experts.

English History and Culture will comprise five sessions held on Tuesdays, May 3, 10, 17, 24, and 31 from 4:30 to 6 p.m. at The Woodlands at Shell Point, 14444 Woodsong Lane, Fort Myers,

Professor Adrian Kerr hosts this Academy of Lifelong Learning class, designed for anyone with an interest in English history and culture. Rather than focusing on specific dates, this lecture series recounts the lives and times of England's most famous kings, queens and leaders. Professor Kerr also examines England's cultural impact, which spans the modern world. Sign-up is required in advance. For information visit shellpoint.org/events.

The Great Armadas is slated for Tuesday, May 10 at 10 a.m. Author Robert Macomber will share the story of Spain's treasure fleets, which brought the riches of the world home to Seville and made Spain the most powerful nation in the world 500 years ago. Meet the men who sailed these ships, the men who tried to capture them and their connection to Florida.

Yachts That Went To War is on Tuesday, May 17 at 10 a.m. Author Macomber tells the story of elegant yachts that became warships in the U.S. Navy during the Spanish-American War.

The Living Gulf Coast – Meet Your Neighbors! is set for Tuesday, May 24 at 10 a.m. at The Woodlands. Sanibel author Charles Sobczak will discuss birds, reptiles and mammals that thrive throughout Southwest Florida. From bull sharks to swallowtail kites, this author of three nature guides describes these animals, what they eat and who eats them. Learn how these creatures survive and the dangers they sometimes pose for Floridians.

Tickets for all these programs are \$10 and are required in advance by calling 489-8472.莽







# AWARD WINNING Flavors From The Caribbean Rim!

#### Sanibel Island

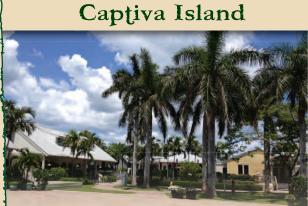


975 Rabbit Rd. Sanibel Island, Fl 33957 239.472.8311



Ft. Myers Beach

708 Fisherman's Wharf. Ft. Myers Beach, Fl 33931 239.765.9660



South Seas Island Resort Captiva Island Fl 33924 239.312.4275

🚯 Visit Us Online & www.DocFords.com









#### **BUSINESS**

VOL. 23, NO. 45

#### REAL ESTATE SANIBEL & CAPTIVA ISLANDS, FLORIDA

CLASSIFIEDS

APRIL 29, 2016

Artist James Hautman, right, a five-time winner of the Federal Duck Stamp contest, announced the top three entries in the 2016 Federal Junior Duck Stamp art contest last Friday at the JN "Ding" Darling National Wildlife Refuge on Sanibel photos by Jeff Lysiak

# Refuge Hosts Junior Duck Stamp Judging

by Jeff Lysiak

Earth Day was celebrated last Friday at the JN "Ding Darling National Wildlife Refuge with the judging of the 2016 Federal Junior Duck Stamp art contest, which was attended by renowned wildlife artists – including fivetime Federal Duck Stamp winner James Hautman – and students from both Cypress Lake Middle School and Patriot Elementary School.

Following three rounds of judging, during which the field of 52 contest finalists

(one from all 50 states, Puerto Rico and the U.S. Virgin Islands) was narrowed down to 25, then 10 and finally five entries, a two-way tie for first place was broken during an extra round of voting by the five judges.

The winning entry – a pair of snow geese – was created by 16-year-old student Stacy Shen of Fremont, California. Her colored pencil artwork will appear on the 2016-17 Federal Junior Duck Stamp.

In second place was 18-year-old Sarah Clayton of Sidney, Ohio whose oil painting depicted a pair of ring-necked ducks. Third place went to 16-year-old Chase Mascaro of Slidell, Louisiana for his rendition of a pair of hooded mergansers.

This year, 27,192 artistic entries were submitted to the 52 state and territory Junior Duck Stamp contests. Proceeds



Supervisory Refuge Ranger Toni Westland, left, and Ranger Becky Larkins — who coordinates the Florida Junior Duck Stamp contest — display a carving by Jim Sprankle of a harlequin duck

from sales of the \$5 Junior Duck Stamp help support environmental education.

"I congratulate our winning artist and all of the talented young people who participate in the Junior Duck Stamp Conservation and Design Program each year," said Dan Ashe, director of the U.S. Fish & Wildlife Service. "As urbanization accelerates, many Americans, including many young people, find it increasingly difficult to experience nature. The Junior Duck Stamp Program remains one of the service's hallmark efforts to engage youth and foster a lifelong connection with the outdoors." In addition, 18-year-old Cassidy Fulton of Valley City, North Dakota was selected as the 2016 Federal Junior Duck Stamp Conservation Message Contest winner. Cassidy's winning message was, "Our Environment, Our Responsibility, Our Future."

The Junior Duck Stamp Contest winner will receive \$1,000. The second place winner, \$500, the third-place winner, \$200 and the Conservation Message winner, \$200.

Judges of this year's 2016 Federal Junior Duck Stamp art contest included continued on page 12B



Artist John Brennan, left, discusses his process for creating a painting as Toni Westland displays his 2007 Federal Junior Duck Stamp contest entry, which won Best of Show in Florida



Judges inspect the submissions of the 52 national finalists in the 2016 Federal Junior Duck Stamp art contest before narrowing the field to 25 entries

# Do You Know What's in Your Investment Portfolio?

#### IF YOU HAD CONCIERGE WEALTHCARE, THE ANSWER WOULD BE YES.

Concierge Wealthcare means your portfolio is designed specifically for you and individually managed right here, in house, by a team of experts dedicated to your unique needs and goals. It means you always know what you own—and why.

As the largest INDEPENDENT Trust Company in Southwest Florida, we invite you to experience the true meaning of Private Wealth Management.

> Call us today to schedule your complimentary portfolio review. \*Available for investable assets of \$2 million and above.

Trust & Estate Services | Investment Management



2460 Palm Ridge Road | Sanibel, FL 33957 239.472.8300 | sancaptrustco.com

NOT FDIC INSURED I NOT GUARANTEED I MAY LOSE VALUE



Students from Sanibel Christian Preschool, pictured with Sanibel Captiva Lions Club members, after the club screened the students' sight and hearing

# Youngsters Get Sight And Hearing Checks

The Sanibel Captiva Lions Club visited Sanibel Christian Preschool on April 15 for the students' annual hearing and vision screenings. The testing is conducted as part of the club's wider effort to prevent vision and hearing difficulties. For more information about the preschool, visit sanibelucc.org or call Laura Miltner at 472-0497.



On April 19, a donation of \$1,130 was made by the employees and owners of Bailey's General Store to the American Cancer Society. Pictured, from left, Gail Estka, Anna Benza, Richard, Calli, Mead and Dane Johnson, Jill Christopher, Melissa McHugh and Terry Inscoe. photo by Jeff Lysiak

### Bailey's Donates To American Cancer Society

by Jeff Lysiak

ast week, representatives from the American Cancer Society and the Sanibel-Captiva Relay For Life visited Bailey's General Store to accept a donation from the employees and owners of the Sanibel landmark grocery store.

From April 1 to 14, Bailey's offered customers American Cancer Society feet, moon and star cards for donations to the organization.

Stars are to honor those who have fought, or are currently fighting cancer; paper moons are in memory of those who have lost their battle to cancer, and paper feet are to signify support in "de-feeting" cancer. Store employees Jill Christopher and Anna Benza were credited with collecting the most donations.

Richard Johnson, store co-owner and general manager, recalled that when San-Cap Relay For Life coordinator Gail Estka dropped off three packets of the cards, he told her, "We're gonna need more."

That initial batch of cards sold out on the first day of the campaign.

"You guys are just so involved with the community," Estka said to store employees on April 19. "That's why everybody loves you so much."

Bailey's store employees collected \$1,130 in donations for the American Cancer Society during the two-week campaign.

"Mead and I and the rest of the Bailey's family are very proud to support the American Cancer Society," added Johnson. "We want to thank the entire island community for helping support their efforts.""

### Premier | Sotheby's INTERNATIONAL REALTY

# YOUR LOCALLY OWNED PARTNER WITH A GLOBAL REACH



11530 Paige Court Stephanie Bissett Web ID 214064002

239.292.3707 \$3.585.000



2440 Moore Avenue 239.233.1808 Pat Moore Web ID 215044911 \$975,000



4452 Gulf Pines Drive 239.470.1516 Kara Cuscaden Web ID 216009338 \$639,999



2815 SE 22nd Place 239.292.3707 Stephanie Bissett \$899,000 Web ID 216012700



535 Birdsong Place Brooke Brownyard 239.281.4179 Web ID 216010390 \$535,000



2451 Blind Pass Court

Web ID 215068008

3675 West Gulf Drive

Wil Rivait

239.464.8108

11103 Sierra Palm Court 239.560.2742 Russ Crutchfield \$849,999 Web ID 215035066



16440 Oakview Circle Pat Moore 239.233.1808 Web ID 215040515



1226 Isabel Drive 239.464.8108 Wil Rivait Web ID 215056828 \$1.800.000



8904 Tropical Court 239.989.3855 Maxwell Thompson Web ID 215058295 \$699,900



12042 Ledgewood Circle 239.292.3707 Stephanie Bissett Web ID 215056857 \$349,000



16910 Captiva Drive

Kara Cuscaden Web ID 214043066 239.470.1516 \$4,295,000



237 Windbrook Court NW Michael Palmisano 443.496.6969 Web ID 216017826

\$1.175.000



Triana #44 Pat Moore Web ID 215057928

239.233.1808 \$650,000



848 Swan Drive Michael Palmisano Web ID 216017445

443.496.6969 \$289,900





From beachfront homes and majestic estates, to cozy cottages and resort-style retreats, allow us to match you with a rental that far exceeds home - know what it means to live like a local.

RENTTHEISLANDS.COM | 239.472.2735

18,800 ASSOCIATES | 835 OFFICES WORLDWIDE 63 COUNTRIES AND TERRITORIES GLOBALLY | 35 PREMIER SOTHEBY'S INTERNATIONAL REALTY LOCATIONS

> SANIBEL | 239.472.2735 2341 Palm Ridge Road Sanibel, Florida 33957

CAPTIVA | 239.395.5847 11508 Andy Rosse Lane Captiva, Florida 33924

\$415,000

Sotheby's International Realty® and the Sotheby's International Realty logo are registered service marks used with permission. Each office is independently owned and operated. Equal Housing Opportunity. Property information herein is derived from various sources including, but not limited to, county records and multiple listing services, and may include approximations. All information is deemed accurate and heither suggests nor infers that Premier Sotheby's International Realty participated as either the listing or cooperating agent or broker in the sale or purchase of the properties depicted. *\*Provence, France* by Josephine Trotter used with permission.



PREMIERSOTHEBYSREALTY.COM



#### **4B** | ISLAND SUN - APRIL 29, 2016

# Sea School To Partner With PACE Center

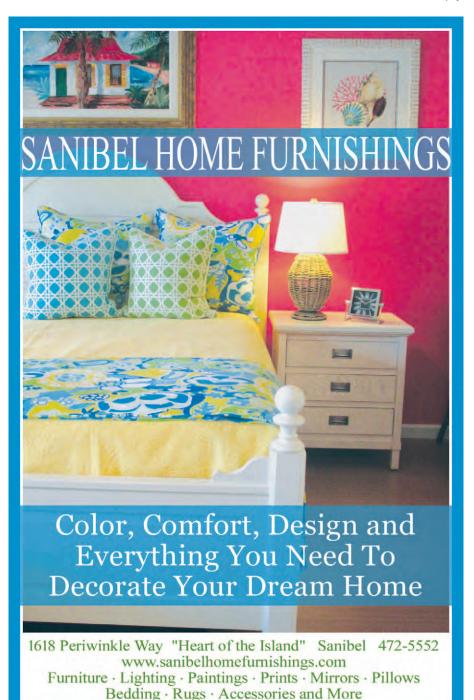
N ext month, Sanibel Sea School will renew its long-term partnership with the PACE Center for Girls to help atrisk girls in Southwest Florida experience the ocean.

Launched in 2007, this outreach program was the Sea School's very first, but was put on hold for several years due to logistics. The two groups have finally been able to coordinate transportation and scheduling, and both are looking forward to partnering once again.

The PACE Center for Girls provides support for girls who come from difficult life situations by offering a safe, nurturing place where they can get back on track. Many of the young women at PACE are victims of physical or sexual abuse and many have dropped out of the public school system. PACE helps girls turn their lives around through quality, genderresponsive education, counseling, and career planning.

In the past, Sanibel Sea School and PACE have joined forces to offer these girls a chance to interact with the ocean in ways that otherwise wouldn't be possible. On Tuesday, May 10, they will pick up where they left off when PACE students visit Sanibel for a day of ocean exploration.

Sanibel Sea School's program with PACE fosters a sense



Island Inspired Interior Design Service

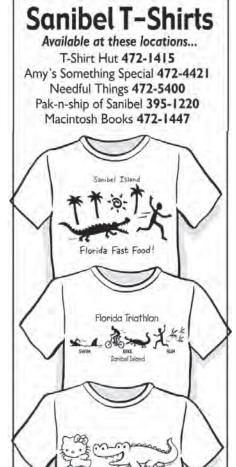
PACE students enjoy a day of ocean exploration with Sanibel Sea School

of wonder for the ocean among girls who rarely visit the coast, despite its close proximity, and aims to create a safe place where participants can let their guard down and forget about their problems for a few hours, instead focusing on the magic of ocean discovery through activities like surfing, seining and snorkeling.

"Our hope is that they will go home with a sense of accomplishment after trying something a little bit out of their comfort zone, and that this confidence will translate to other areas of their lives," said Dr. Bruce Neill, Sanibel Sea School's executive director.

Thanks to generous support from donors, Sanibel Sea School is able to provide programs to PACE free of charge. The school's mission is to improve the ocean's future, one person at a time. Learn more online at www.sanibelseaschool.org.





Goodbye Kitty

HORTOON.COM

# **SWITCHING VACATION RENTAL MANAGEMENT COMPANIES??**



# **OUTPERFORMING THE COMPETITION**

# **TESTIMONIALS**

"SBL/Sanibel Vacations has provided our renters First Class customer service and exceptional detailed cleanings and inspections prior to each renter's arrival. They treat our condo as if it was their own with their personal touch, helpful attitude, and dedication to pleasing renters and owners".

SANIBEL SURFSIDE OWNER

"Hats off to a great service from SBL. I'll definitely use you again for my future rental needs!"

**POINTE SANTO RENTER** 

SBL Staff was outstanding and the accommodations were truly 5 star!"

THE DUNES RENTER



Sanibel Vacations wants your vacation rental property in our program. Call today for details! **MAXIMUM REVENUE** 

**NO HIDDEN FEES** 

**NO SURCHARGES** 

ACCESSIBLE AND ATTENTIVE STAFF

PERSONAL SERVICE & ATTENTION

PROPERTY CARE SPECIALISTS!

**Sanibel Vacations** 

# (239) 579-0348

SBLvacations.com



SBL OUTFITTERS SUP (paddle board) Sales and Rentals Bicycle Rentals Kayak Rentals

Free delivery and pickup



SPF Sun Shirts SunBum Skim Boards Boogie Boards

# 2330 PALM RIDGE RD. #6 & 7, Sanibel, FL 33957

**6B** ISLAND SUN - APRIL 29, 2016

# Rotary Happenings

submitted by Shirley Jewell

Thought things would quiet down now at our Rotary Club meetings because of our seasonal snowbird migration and a slowing down of activities, but



not quite yet. During the April 22 meeting, we had three important agenda items.

First up was an induction ceremony for our newest Sanibel-Captiva Rotary Club member, retired Maine lawyer Jonathan Dean. Sponsored by Rotarian John Mason, Dean's impressive resume made the membership vetting process an easy task. Taking part in the induction ceremony was club president Chris DeCosta, new membership committee chair Eldon Bohrofen and committee member John Pryor.

The second course of business was welcoming our Sanibel-Captiva Rotary Club's 2016 Rotary 4-Way Test Essay Contest winners from Mrs. Robinson's eighth grade language arts class at The Sanibel School. Daisy Arensman was awarded first place and Peyton Yelenich took second place. Both were honored along with their middle school language arts teacher Lauren Robinson, school principal Barbara Von Harten, middle school social studies teacher Brittany Camp, Peyton's mother Melissa Yelenich as well as Daisy's father and mother, Andre and Julie Arensman.

The Rotary Four-Way Test: 1. Is it the truth? 2. Is it fair to all concerned? 3. Will it build good will and better friendships?

4. Will it be beneficial to all concerned?

Rotary firmly believes that if all people used the Four-Way Test to guide their thoughts and actions, the world would be a more ethical and peaceful place. To that end, our local Rotary chapter sponsored an essay contest for eighth graders at The Sanibel School, encouraging them to deeply consider the implications of these four questions.

Both students read their essays to the club on Friday and blew us away with their mature understanding of how Rotary's Four-Way Test can be applied to such topical subjects as The Inequality Between Boys and Girls (by Arensman) and The Current Syria Immigrant Situation (by Yelennich). Because of limited space in Rotary Happenings, the full text of both essays will be submitted for a future column. Hopefully, you will get a chance to read them and understand how our youth - when given guidelines such as the Four-Way Test - know how to apply them in everyday situations. Last, but not least, we welcomed

Rotarian Steve Agius, president of Florida

Wheelchair Foundation. Rotary has been partnering with the foundation to achieve their goal of providing a free wheelchair to every person who needs one, but can't afford one anywhere in the world. The motivation to create this organization in 2000 came from Ken Behring (a successful businessman and former owner of the Seattle Seahawks) after observing the so named "crawlers" on his travels in poor foreign countries. They touched his heart and he set about to improve their lives from a lack of mobility and bring back a person's dignity deprived by birth defects, war, disease (including polio), accidents, natural disaster and advanced age. Rotary Clubs worldwide became a partner of the Wheelchair Foundation in 2001, and to date, the Wheelchair Foundation and Rotary has provide more than 900,000 wheelchairs in over 100 countries. Rotary now purchases wheelchairs in bulk and then distributes them through their local Rotary Clubs in receiving countries. The cost to Rotarians for each speciallydesigned wheelchair is \$100.

The emphasis in Agius' talk with us was how a monetary gift of \$100 to the Wheelchair Foundation can change someone's life forever. This is the best use of \$100 you can ever make. Sanibel-Captiva Rotary has been a generous supporter of the foundation and has purchased a number of shipping containers of wheelchairs distributed in Rotary District #6960's main focus area of the Caribbean. The club's latest contribution is closing in on funding for two addition containers of wheelchairs to be distributed sometime this year, destination not yet determined.

Agius did bring to our attention that not all of available wheelchairs are sent out of the country. At our upcoming District Conference in May, there will be some local wheelchair recipients in attendance to tell their story about how this gift has changed their lives.

The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcome.<sup>‡</sup>

# Top Ten Books On The Island

1. Deep Blue by Randy Wayne White 2. Jump Cut by Libby Fischer Hellmann

3. Seashells by the Seashore by Marianne Berkes

4. A Brief History of Sanibel Island by Marya Repko

5. The Last Mile by David Baldacci 6. Sanibel & Captiva Islands by Deb Gleason and Charles LeBuff

7. The Rainbow Comes and Goes by Anderson Cooper and Gloria Vanderbilt

8. Dear Carolina by Kristy Woodson Harvey

9. What Do You Do With An Idea by Kobi Yamada

10.Genius of Birds by Jennifer Ackerman

Courtesy of MacIntosh Books and Paper<sup>™</sup>

# WANT TO BE A MORE **RESPONSIBLE CONSUMER?** SUPPORT OUR SEAFOOD SAVVY PARTNERS.

They are helping protect the future of our oceans by offering delicious, sustainable options. There are more ways to help. Download the seafood watch app and choose Green List species – Ask your server for recommendations – Provide positive feedback to businesses that offer sustainable options."

Seafood Savvy is an initiative sponsored by the Sanibel-Captiva chapter of START.





Emily Frost, Laura Richardson, Rachel Rainbolt with Lola, an American kestrel, Dylan Paul, Tiffany Onischuk and Craig Chandler



Steve Royka, Rachel Walsh with Sneezy, a Virginia opossum, and JT Holly



Member of the Month, Jessica DeGraw of Island Time Dolphin and Shelling Cruises, with Rachel Rainbolt of CROW



Brittney Burt and Kate Eyler relax in the garden center



of Wildlife (CROW) hosted a networking reception for the Young Professionals Association of Sanibel & Captiva on April 14 at RS Walsh's In The Garden. More than 50 guests explored, networked and met some of CROW's animal ambassadors. Over \$250 was raised and donated to CROW's patient care program.

The next networking event is Thursday, May 19 from 5:30 to 7 p.m. at Sanibel City Hall, 800 Dunlop Road. All are welcome.

Learn more about the association by contacting Laura Richardson at lrichardson@bigarts.org or facebook. com/ypasc.举



Guests had local food and beer options



**Coquina Beach** high ceilings, updated kitchen, & excellent income. \$524K



Sandpebble Across street from beach, overlooking river, 2nd floor 2 bedroom. \$424.9K



**Sanibel Moorings** 2nd floor 2 bedroom amid tropical garden. Enrolled in onsite rental program. \$474K

MORE INTO





**Sand Pointe** Excellent rental income yearafter-year at this 2nd floor gulfview updated unit. \$749K



**Sanibel Surfside** Beach-front 2 bedroom eastend. This view, bright white kitchen, & income. \$874K



**Nutmeg Village** Bright updated top-floor residential 2-bedroom condo with this view. \$799K



**Sanibel Arms West** Gulf-front & investor-ready, grossing \$70K+/yr in low fee on-site rental program. \$899K



**Sundial East** Spacious 2 bedroom with den, remodeled, courtyard to gulf view, & income. \$799K



The Dunes—Golf, Tennis, Clubhouse, Beach Access Well-tended split-plan pool home at 1311 Sand Castle Rd. Expansive views of lake, multiple decks/porches, high ceilings, gourmet kitchen, office, utility room, 2 garages, & more. \$849K



Shell Harbor-Boating, Pool, Beach Access Stunning like-new 3-bedroom 3-1/2-bath canal-front home on Lindgren Blvd, literally steps from community deeded beach access with parking. Great curb appeal too. \$1.495M



472-HOME (4663) • 888-603-0603 • 2242 Periwinkle Way, Sanibel Square #3

# Women Voters Hear Solar Challenge



Deirdre Macnab, left, and Robyn Cook

Deirdre Macnab, past president of the Florida League of Women Voters and current chair of its Natural Resources Committee, was the featured speaker at the Sanibel league's annual meeting on Thursday, April 21. After reminding her audience of the Florida League's recent accomplishments, she challenged local LWV members to join in an important next challenge: to help move Florida – with its Sunshine State motto – to a place as a leader in renewable energy.

Most of Florida averages better than 65 percent sunny days each year, excellent for making use of solar energy. However, only one-tenth of 1 percent of Floridians now use renewable energy of any kind.

"Florida needs to earn its name as the Sunshine State," she told her audience. The Florida LWV has studied sustainability, and with consensus on that broader issue, supports an amendment that will appear on the ballot in August. That



amendment directs the legislature to exempt solar equipment from both property taxes and ad valorem taxes, removing one barrier to increased solar use.

In November, another amendment will appear on the ballot. It is being heavily supported by agricultural and energy lobbies with full page ads in newspapers. Although it is worded in a way that seems to support solar development, it instead locks in place the state's fossil fuel energy status quo. LWV opposes that amendment.

"YES in August and NO in November," urged Macnab, who earlier in the day had met with "Ding" Darling National Wildlife Refuge representatives who are working to increase solar use on our islands. "A vibrant, competitive marketplace is LWV's goal for Florida," she stated.

In response to audience questions, Macnab outlined current positive economic reasons to consider solar. The cost of installation of rooftop panels that generate electricity has fallen to a point where the initial investment will be paid off in only seven years. After that time, electricity generated at home is essentially free. "It makes good economic sense," she said.

Not all homes are appropriate candidates for solar panels, but Florida can do much better than it does now, she maintains. Floridians for Solar Choice, a grassroots organization, estimates that out of 9 million energy customers in the state, only 6,000 make use of solar.

Macnab, dressed in bright yellow ("The color of sunshine!") for her visit to Sanibel, served six years as president of the Florida LWV. She received her MBA from Columbia University, worked for Dun and Bradstreet and Bankers' Trust, founded her own marketing firm, and served on the Board of Education of Nashville, Tennessee, and the Library Board of Atlanta. In 2012, the Orlando Sentinel picked her as Central Florida's Most Influential Citizen.\*\*

# Lions Club Welcomes New President



Retiring Sanibel-Captiva Lions Club President Kurt Peters, left, hands the gavel to incoming Lions Club President Debi Almeida at the monthly meeting held last week. Almeida will serve as the president of the club for the 2016-17 season.

# RETAIL/OFFICE SPACE FOR SALE WHY LEASE WHEN YOU CAN OWN! 1101 Periwinkle Way, #106 Bright, retail-ready corner unit in Tree Tops Center Directly across from Dairy Queen \$273K Call or text (239) 410-6033

PRINCIPALS ONLY - NO BROKERS, PLEASE

# Sea School Becomes First Sanibel Business To Install Solar Panels

Sanibel Sea School, a 501(c)3 nonprofit marine conservation foundation on Sanibel, is in the final stages of a project to install solar panels at its flagship campus on Periwinkle Way. Led by Rudy Wodrich and Dell Jones of Solar Utility

Led by Rudy Wodrich and Dell Jones of Solar Utility Partners of Estero, this will be the first commercial installation of a photovoltaic solar array on Sanibel. The project also includes plans for an exhibit to educate visitors about solar power and its potential in Florida.

The idea to install a solar array at Sanibel Sea School was conceived by Wodrich and Jones in 2014, and quickly won the support of Sanibel Sea School's Executive Director, Dr. Bruce Neill, whose ultimate vision for the organization includes a carbon-neutral campus with solar charging stations for electric vehicles.

Wodrich has lived on Sanibel with his wife, Nathalie, for more than five years and all three of his children have attended Sanibel Sea School. He has more than 25 years of experience in the electrical industry, including eight with a focus on renewable energy. Jones is a longtime resident of Southwest Florida and has been in the solar industry for more than 30 years.

To make the project more affordable for the nonprofit, Wodrich and Jones approached a number of suppliers to provide materials and labor at a discounted rate. Their company – Solar Utility Partners – acted as the primary contractor, providing engineering, procurement and construction services.

Other partners that donated or provided supplies and/or labor at a discounted rate include Canadian Solar, Shoals Technology, Fortune Energy, U.S. Solar, Norman J. Scheel, Advance Solar, Sanibel Air and



Solar panels being installed on Sanibel Sea School's roof

Electric, LCEC, Dan Hahn Custom Builders, Soon Come Landscaping and The Plank-DiCarlo Family Foundation, whose generosity helped to secure a mortgage for Sanibel Sea School's building. "I want to thank all the sub suppliers who donated

"I want to thank all the sub suppliers who donated or deeply discounted equipment and services to allow us to complete this project in the most economical way possible for such a worthwhile organization," said Dr. Neill. "Canadian Solar was particularly helpful with the solar panels. In conjunction with some energy efficiency changes inside the building, this solar installation will bring the Sea School to a 'net zero' condition, whereby they use no more energy than they generate from the solar panels annually."

"It's fantastic to talk about marine conservation, but we must also act," he added. "There's a very direct link between electricity consumption and ocean health, so



#### Detailed image of the solar panels

it's very exciting that Sanibel Sea School is leading the way to build a more environmentally friendly version of Sanibel by installing this system. Others businesses will follow very soon – including Bailey's – which is great news."

Dr. Neill added that Sanibel Sea School's solar project was initially funded by a grant from the Bill Healy Foundation, but the cost exceeded initial estimates, so the organization is still seeking funding for the remaining amount. The project is predicted to pay for itself in reduced electricity bills within six years, ultimately channeling more funds toward achieving Sanibel Sea School's mission: to improve the ocean's future, one person at a time.

To learn more about Sanibel Sea School, visit www. sanibelseaschool.org, email info@sanibelseaschool.org or call 472-8585.\*\*



Building and designing custom homes on Sanibel & Captiva for over 25 years.



- CUSTOM RESIDENTIAL CONSTRUCTION
- CUSTOM RESIDENTIAL DESIGN
- REMODELING
- PLANS THROUGH PROJECT COMPLETION
- CUSTOMER SERVICE ORIENTED TEAM

GregWeglarz.com • 239-489-0442 • GregWegz@earthlink.net State Certified General Contractor License# CGC A05420



The 2016-17 members of the Sanibel & Captiva Islands Chamber of Commerce's board of directors, taken following last week's annual meeting held at the Sundial Beach Resort & Spa photos by Jeff Lysiak

# Chamber Holds Annual Meeting, Names New Board Chairman

by Jeff Lysiak

ast week, members of the Sanibel & Captiva Islands Chamber of Commerce assembled at the Sundial Beach Resort & Spa for their annual meeting, where a new chair and board members were introduced, awards were handed out and the yearly State of the Chamber address was delivered.

Mark Anderson, outgoing board chair, recapped his year at the helm before welcoming new chair Donna Puma to the podium. After the ceremonial gavel was passed, Puma talked about her first introduction to the islands – experienced during a family vacation back in 1984 – along with her hopes for the future.

"It may not be realistic for us as a business community to think millennials and Gen Zs will mirror their parents and grandparents in returning here each year only because as kids, Sanibel and Captiva was their family beach vacation," Puma told the crowd.

"Still, they are the future of our islands, whether we look at them as daytrippers, vacationers or future residents requiring the sales and services of our members.

Puma also discussed the challenges facing the island, including record rainfall in January, freshwater releases from Lake Okeechobee and the growing concern over inseason island traffic.

"We, as an ethical and professional business community, will lead by example to attract future generations of visitors to Sanibel and Captiva because no one understands the value of shopping, dining, playing, working and living on Sanibel and Captiva better than us," she added. "I look forward to serving you as your chair in the year ahead.'

Chamber president Ric Base offered his annual review of the chamber's accomplishments, goals met, a number of statistics and work remaining. He praised the group's member retention rate of 93 percent - far exceeding the national average of 79 percent – 18 ribbon-cuttings and member luncheons and after hours gatherings over the prior year.

In addition. Base noted the 1.3 million visitors to the chamber's website, an increase of 37 percent from the previous year.

# Buying, Selling or just want to chat....Talk to Chuck!



Walk to the beach 3 BR/3 BA in West Rocks on two buildable lots with a caged, salt water pool. Enjoy wonderful lake views! \$899,000

3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock. \$235,000

**Pointe Santo C36** 



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income. \$875,000

Sandalfoot 4C3

3965 Coguina Drive



Build your Island retreat on this beautiful property located in West Rocks... only steps to the beach. \$399,000



CHUCK BERGSTROM

CHUCK@CHUCKBERGSTROM.COM WWW.BUYSELLCHATSANIBEL.COM



Two parcels, A & B zoned Commercial General, Parcel A is 2.0 acres. Survey available. (A) \$999,500 (B) \$400,000



Investment Opportunity! Lakefront, vacant residential lot that can approx. 4.5 acres. Parcel B is approx. accommodate multi family housing. Close to shopping, beach... \$249,000



**GULF VIEWS!** Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt. \$669,000



**SHORT SALE OPPORTUNITY! 3** BR/3 BA on approx. 1 acre on private cul-de-sac. In need of imagination/ renovation. Walk to beach! \$1,099,000



Sanibel, FL 33957 11508 Andy Rosse Lane Captiva, FL 33924 Direct: 239-209-6500



An Island Resident Specializing in Island Properties!



Holli Martin, left, recipient of the Sue Rosica Gray Volunteer Award, presented by new chamber chair Donna Puma, center. Also pictured is chamber president Ric Base.

JOHN NAUMANN & ASSOCIATES



Ric Base thanks Sarah Ashton for presenting him with a framed photo of Sanibel and Captiva, given to Base for 10 years of service to the chamber



The New Business of the Year Award was presented to Bleu Rendez-Vous French Bistro by Donna Puma, right

"Out of 200 chambers on Facebook, we were ranked number eight... and we're very proud of that," said Base, who pointed out that over three million people have visited the chamber's Facebook page, with more than 29,500 followers.

The Francis P. Bailey, Jr. Visitor Center welcomed more than 160,000 visitors and handled nearly 12,000 phone calls over the last 12 months. The facility is consistently ranked as the number one or number two attraction on the islands, and is one of only six Visit continuedd on page 13B

# Serving Sanibel, Captiva & Southwest Florida Since 1975



1135 LONGIFOLIA CT • 4BR/4+BA Gulf-Front Beachhouse • Unparalledled & Choice Setting - Stunning Views Are Only the Beginning • Complete Renovation in 2012 \$4,295,000 LeAne Taylor Suarez 239-872-1632



625 NERITA ST 2C • 2BR/2BA Direct Gulf Front Condo • Completely Remodeled & Never Rented • Community Pool & Tennis Court • Great Investment or Rental Property \$659,900 Kasey Albright 239-850-7602



251 S SEAS PLANTATION RD 1251 • 3BR/3BA Seabreze Villa Direct Bayfront • Panoramic Views of Golf Course & Gulf of Mexico • Desired Location Within South Seas Island Resort \$2,250,000

Jim Branyon 239-565-3233



17061 TIDEWATER LN • Beautiful Large Waterfront Residential Lot • Located in Prestigious Jonathan Harbour • Direct Access & Minutes to Gulf of Mexico • House Plans Available \$540,000 Ralph Galietti 239-826-5897



**789 PYRULA AVE.** • 4BR/2.5BA Luxury Pool Home in Beachview CC • Fabulous Floor Plan w/ Open Great Room • Large Pool & Patio Area & Spacious Backyard • Great Family Home or Rental Property \$1,275,000



8471 YORKSHIRE LANE • 3BR/3BA Single Family Pool Home • Updated Kitchen, Spacious Family & Den • Private Backyard & Large Screened Pool Area • Located on the Riverside of McGregor Blvd. \$399,000 Jennifer Fairbanks 239-849-1122 4289 MARINER WAY 213 • Direct Access 2BR/2BA Condo in Town & River • Very Well Maintained in Desirable Community • New Dishwasher, Oven &

Hurricane Windows • Beautiful Park Like Setting For Entertaining \$169,900 Marianne Stewart 239-560-6420

2265 WEST GULF DR 220E

2BR/2BA Gulf-Front Island Beach Club • Expansive Kitchen
 & Open Living Area • Spacious Master Suite

w/ En-Suite Bath

\$1,089,000

Tracy Walters 239-994-7975

1149 PERIWINKLE WAY · SANIBEL 239.472.0176 · 11509 ANDY ROSSE LANE · CAPTIVA 239.472.1395 VISIT WWW.JNAREALESTATE.COM TO VIEW ALL AVAILABLE PROPERTIES

## **12B** | ISLAND SUN - APRIL 29, 2016

## From page 1B Junior Duck Stamp Judging

James Hautman, Sanibel's own Jim Sprankle, Alliance for the Arts' Krista Johnson, artist and zookeeper Nancy Tome and George Jensen, whose company – Amplex Corporation – distributes the junior duck stamps.

Refuge namesake Jay Norwood "Ding" Darling started the Federal Duck Stamp Program in 1934 while serving as head of the U.S. Biological Survey (a precursor to the U.S. Fish & Wildlife Service). The stamp was created in order to raise funds for purchasing refuge lands across the country. Darling also designed the first Federal Duck Stamp.

The Junior Duck Stamp art contest was launched by former Sanibel Elementary School teacher Jaye Boswell in 1989. The first national Junior Duck Stamp art contest, sponsored by the U.S. Fish & Wildlife Service, was held four years later.

"It's so gratifying to see art having such a positive impact on the conservation movement," said Boswell. "To all of the kids who have participated in the contest, I can't thank you enough for bringing awareness to this wildlife program."

During the two-hour program, Supervisory Refuge Ranger Toni



Judges hold up their scores for the eventual contest winner, Stacy Shen's artwork depicting a pair of snow geese

Westland and Ranger Becky Larkins – coordinator of the Florida Junior Duck Stamp contest – kept the gathered students engaged by sharing information about the contest, asking trivia questions and handing out prizes.

"It's great that the Junior Duck Stamp has come back home to us," said Westland, who noted that the judging of the national contest had previously taken place each year in the Washington, D.C. area.

Also, wildlife artist John Brennan offered a live painting demonstration and fielded questions from the audience. In 2007, Brennan was the Florida Best of



From left, refuge manager Paul Tritaik, former Sanibel art teacher Jaye Boswell and Toni Westland, ranger



Show winner in the Federal Junior Duck Stamp contest as a 17-year-old student from Freedom High School in Tampa. He has since become a finalist four times in the Federal Duck Stamp contest, fin-

ishing as high as sixth place (in 2013 and 2014).

Following the judging, students from both schools took part in arts and crafts activities in celebration of Earth Day.



Students from Cypress Lake Middle School look at all of the Junior Duck Stamp finalists' artwork



## From page 11B Chamber Annual Meeting





given the Citizen of the Year Award by

chamber board member Chris Heidrick

Chamber past chair Mark Anderson, left, presented the Business Person of the Year Award to Bob Walsh, owner of R.S. Walsh Landscaping

Florida Certified Tourism Information Centers in the state.

Financially, Base detailed that total income for fiscal year 2015 was \$880,378 and expenses totalled \$824,518, leaving \$55,860 for reserves.

In conclusion, Base thanked his fellow chamber employees and visitor center staff and volunteers.

Thank you for another successful year," he added. "We could not do what we do without our great members."

- Puma and Anderson also handed out the chamber's annual awards, including:
- Sue Rosica Gray Volunteer Award Holli Martin, Heidrick & Company Insurance
  New Business of the Year Award Bleu Rendez-Vous French Bistro
- Business Person of the Year Award Bob Walsh, R.S. Walsh Landscaping & In The Garden
- Citizen of the Year Award Eric Pfeifer, Pfeifer Realty Group

Following the meeting, chamber members mingled at a cocktail reception held in the Sundial Ballroom.举

# Movie Discounts For Recreation **Center Members**

he Island Cinema is offering movie tickets at a discounted rate for two movies to all members of the City of Sanibel Recreation Center.

Admission for adult and senior center members for both *The Jungle Book* and The Huntsman: Winter's War is \$6 including tax, which is 40 percent off regular ticket price. All participating members will need to show theater box office attendants a valid discount movie voucher from the Sanibel Recreation Center. Movie vouchers are available to current recreation center members and can be picked up at the center's front desk.

These feature films are offered through a partnership between the City of Sanibel Recreation Center and Island Cinema

The Jungle Book is rated PG. The discount movie ticket offer is good for all current showings at the Island Cinema through Thursday, May 5.

The Huntsman: Winter's War is rated PG-13. The discount movie ticket offer is good for all current showings at the Island Cinema through Thursday, May 5.

Due to limited capacity in the theater, center members wishing to utilize the discount are urged to



purchase advance tickets at Island Cinema, located at 535 Tarpon Bay Road.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345.举

> LAND ON SANIBEL \$179,000



Prime lot on quiet unpaved Island Inn Ro Deeded access path to beach. Walk or bike 1 mile through gated nature preserve to Tarpon Bay Rd shopping and cinema. Exclusive location perfect for active nature lovers. 815-482-1218

# **De-ionized Water Leaves your** Windows Spotless

## Interior & Exterior

• Clean Windows, Doors, Frames & Screens

- Eco Friendly
- Locally Owned & Operated
- Residential & Commercial
- Satisfaction Guaranteed
- Additional Services Available:
- \* Pressure Washing (roofs excluded)
- \* Maintenance Programs \* Annual Contracts

# **Keep Your View CRYSTAL CLEAR!**



Licensed & Insured \* Residential customers only. Some Restrictions may apply

per window

**De-ionized** 

Window Cleaning

Starting at

\$25 off\* . \$250 min Cleaning

# One Month Into The Baseball Season, Cubs Fans Have Good Reasons To Dream Of October



by Ed Frank

Whether it's popularity or whether it's a curse of not winning a World Series in 108 years – the longest title drought in professional sports – the 2016 frenzy over the Chicago Cubs is almost beyond comprehension.

Sure the rebuilt Cubs were figured to be contenders this season after winning 97 games a year ago and advancing to the National League Championship Season, but no one anticipated their near run-away start in the first month of the new season. Our area naturally is a hot bed of support for the Boston Red Sox and the Minnesota Twins who have trained here for years. But the love affair for the Cubs is almost as great.

If you doubt my word, just don a Cubs hat or Cubs shirt and see how many "I like your hat," or "I like your shirt" comments you will receive.

And when the Cubs are on the road, you'd swear half the fans in the stands are wearing Cubby blue.

There are good reasons why the Cubs are off to a blistering 14-5 record (.737) through Monday of this week. At that rate, the team would win 119 games this year. That's not likely.

Just look at these facts:

The Cubs lead Major League Baseball with a plus-68 run differential having outscored their opponents 119-51. As of Monday, there were nine teams that hadn't even scored a total of 68 runs this season.

On the mound, their starting pitchers have an MLB-best 2.36 ERA and have registered 16 quality starts in 19 games, including the no-hitter from Jake Arrieta last week.

It's almost ridiculous when you consider the OPS of .604 (a combination of on-base percentage and slugging average) of their pitchers who already have eight runs-drivenin. That .604 is better than the OPS of the designated hitters of five Major League teams.

Arrieta with four wins and Jason Hammel and John Lackey with three wins each mark the first time in Cubs history that three starters have won three or more games



703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

before May 1. Hammel is batting .333, Arrieta .273 and a fourth starter, Jon Lester .250

On the power side, first-baseman Anthony Rizzo with eight home runs is secondbest in the National League and center-fielder Dexter Fowler's .385 batting average also is the NL's second-best.

Are you beginning to get the picture?

This phenomenal start is despite the fact that Chicago lost power-hitter Kyle Schwarber the first week of the season in a violent outfield collision with Fowler that will keep him out for the remainder of the year due to ligament damage. He belted 16 home runs in just 69 games in his rookie season.

It's a long, long way to October. For Cubs fans, however, their hopes for an end to the 108-year-old curse could be in the offing.

#### Everblades Season Ends with 2-1 Loss Monday

Florida's hopes for a Kelly Cup Championship ended Monday with a 2-1 loss to the Wheeling Nailers in the ECHL Eastern Conference Quarterfinals. The Everblades lost the best-of-seven series four games to two.

With home ice advantage, the local hockey team split the first two games at Germain Arena, but then lost two of three at Wheeling last week.

Returning to home ice on Monday, Florida hoped to extend the series to a crucial seventh game. But it wasn't to be. Monday's loss was the first time all season that the Everblades had been defeated in three straight games.

#### Miracle 10-8 for the Season; Second in Division

The Fort Myers Miracle baseball team began a nine-game road trip this week traveling to Jupiter, Charlotte and Palm Beach before returning to Hammond Stadium next Thursday for three games against first-place St. Lucie.

The Miracle began the week with a 10-8 season record and a second-place standing in the Florida State League South Division, one game behind St. Lucie.

Shortstop Nick Gordon continues to lead the team with a .343 batting average through Monday of this week.

# Passport Week

A pply for a passport during Passport Week May 16 to 21. No appointment is necessary. During Passport Week, the Lee

During Passport Week, the Lee County Clerk of Court's Recording Office offers extended hours on weekdays and four hours on Saturday: Monday through Friday, 7:30 a.m. to 6 p.m. and Saturday, 10 a.m. to 2 p.m. Residents can always apply for passports during regular office hours, Monday through Friday from 8 a.m. to 5 p.m. You must arrive no later than 4:30 p.m.

Review required passport documentation and fees at leeclerk. org before arrivng at the office. Or call 533-5007. The Recording Office is located in the Administration Building, 2115 Second Street, 2nd Floor in Fort Myers.

# Airport Gets Award For TSA Campaign

The Lee County Port Authority (LCPA), operator of Southwest Florida International Airport, recently received two awards for its TSA PreCheck Campaign.

The Southwest Florida Chapter of the Florida Public Relations Association announced the honors at its Local Image Awards.The port authority received an Award of Distinction and a Judges' Award.

The promotional campaign was for a temporary TSA PreCheck enrollment center at the airport late last year. The aiport managers have now decided to open a permanent center in 2016. For more information, go to flylcpa. com.☆

#### **SPORTS QUIZ**

- 1. In 2014, the Nationals' Bryce Harper became the sixth player in major-league history to have at least 50 homers and 30 steals through his age-21 season. Name three of the other five.
- 2. Twice during the 1960s, two pitchers won Cy Young Awards and faced each other in the World Series in the same year. Name either duo.
- 3. Ken Niumatalolo is the winningest football coach in Navy history (68 wins entering 2016). Who is No. 2?
- 4. How many consecutive winning seasons have the San Antonio Spurs had under head coach Gregg Popovich?
- 5. Wayne Gretzky holds the top two records for fastest to 50 goals in a season (39 games, 42 games). Who is third?
- 6. Name the last male skier to win six slaloms in a World Cup season before Norway's Henrik Kristoffersen in 2016.
- 7. Who was the first African-American golfer to get full-time playing privileges on the PGA Tour?

#### ANSWERS

 Orlando Cepeda, Ken Griffey Jr., Alex Rodriguez, Andruw Jones and Mike Trout. 2. Denny McLain and Bob Gibson, 1968; Mike Cuellar and Tom Scaver, 1969. 3. George Welsh, with 55 wins (1973-81). 4. Nineteen seasons. 5. Mario Lennieux did it in 46 games in 1988-89. 6. Italy's Alberto Tomba, in 1994-95. 7. Charlie Sifford, in 1961.

# Another Record-Setting Year For Lee County Sports Tourism

ee County Sports Development hosted 115 amateur sporting events in 2015, marking its second-highest year on record and bringing 148,073 sports visitors to Lee County last year. During 2015, the events resulted in 152,400 hotel room nights sold and \$61,465,750 in direct visitor spending. The figures were announced at the recent Lee County Tourist Development Council monthly meeting.

"Lee County continues to be a leading destination for world-class sports, said Jeff Mielke, executive director, Lee County Sports Development. "Once again, we hosted a record number of events last year, and that continues to keep our facilities and maintenance team from Lee County Parks & Recreation extremely busy, yet they continue to keep our fields and complexes in top quality condition. We are grateful for their commitment to making Lee County one of the most desirable locations for amateur and professional sporting events.' Among the 2015 highlights:

 To accommodate its West Coast divisions, the North American Roller Hockey Championships split its championships into west and east coast events, causing a drop in July sports tourism numbers over last year when the entire event was hosted in Lee County. Still, July 2015 events resulted in 29,117 room nights sold.

• Perfect Game in October was a major player in setting an October alltime high with 16,206 room nights.

 November was the second-highest hitting month in terms of room nights, event attendance and spending. The Roy Hobbs World Series and Senior Softball Winter Nationals, as well as a number of other amateur events, resulted in 23,569 room nights sold and \$11,490,049 in direct economic impact.

• In December, Everblades Youth Hockey Invitational, the Perfect Game Underclass Showcase, City of Palms Basketball Classic and USA Gymnastics brought in a strong showing of visitors. However, the Florida State Senior Games were on a mandated two-year rotation, and their absence in Lee County in December led to a decrease in spending and room nights over December 2015.

"With NARCh's east-west split and Senior Games on a two-year mandated rotation, we experienced a very slight



2015 Open Water Festival



#### 2015 Roy Hobbs World Series

decrease in overall spending and room nights in 2015 compared to 2014,' Mielke said.

The Florida State Senior Games' event regulations allow communities to serve as a host location for only two consecutive years at a time, and as Lee County held the Florida State Senior Games in 2013 and 2014, it was unable to host the event in 2015. Lee County anticipates the return of the Florida State Senior Games, following the mandated two-year hiatus. "We look forward to the return of Florida State Senior Games and bringing additional events to Lee County in the coming year," Mielke said.

Operated by Lee County Parks and Recreation, Lee County's five countyowned baseball complexes play host to more than 200 days of amateur baseball tournaments a year when they aren't



Serving the islands since 1978 • Professional and Confidential Income Tax Preparation • Individuals • Corporations • Estates & Trust Tax Consulting - Tax Deferred Exchange International Taxation • State Tax Forms (239) 472-5152 1619 Periwinkle Way, Suite 102, Sanibel Island, FL 33957

being used for spring training games.

In 2014 – the largest year for sports tourism in Lee County - Lee County hosted 113 amateur sports events, bringing 158,194 sports visitors, 159,530 hotel room nights sold and \$63 million in direct visitor spending to Lee County.

The Lee County Sports Development

office leads the recruitment and implementation of amateur and professional sports events and activities in Lee County, with the goal of providing economic impact to Lee County. For more information, call 533-5273 or visit www. leegov.com/sports.☆

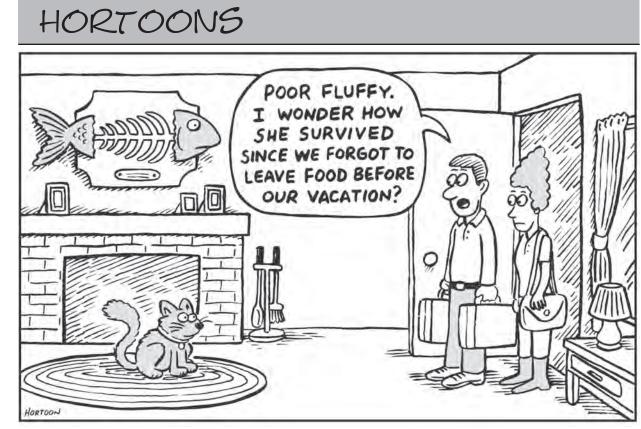




#### **Cucumber, Tomato and Radish Salad** With Citrus Dressing

- 2 tomatoes, seeded and chopped fine 2 cucumbers, peeled, seeded, and chopped fine
- 3/4 pound radishes, trimmed and chopped fine
- 2 tablespoons fresh lemon juice
- 2 tablespoons fresh lime juice
- 1 clove garlic, mashed to a paste
- with  $\frac{1}{4}$  teaspoon salt <sup>1</sup>/<sub>4</sub> cup virgin olive oil
- 1/3 cup cilantro finely chopped, or to taste
- 6 scallions, sliced thin

In a large bowl whisk together the juices and garlic paste, add the oil in a steady stream, and whisk the dressing until it is emulsified. Whisk in the chopped cilantro and salt and pepper to taste. Add the tomatoes, cucumbers, radishes, and the scallions, toss the salad to combine it well, and garnish the dish with the leftover cilantro sprigs. 3



# **BEST TAKE-OUT ON THE ISLANDS** ORGANIC JUICES, FRESH SMOOTHIES,

The Sanibel Sprout 2463 Periwinkle Way in the Bailey's Center COFFEE HOUSE, HEALTHY EATS AND GIFTS. lolie & Joels Vegan Cafe and Juice Bar P: 239.312.4085 Gourmet vegan cuisine ING THE FLOWER Open 8:30 am to 7 pm Monday through Saturday Sanibel's original fresh juice and smoothie bar 100% organic and non-GMO Catering and special orders welcome 2003 PERIWINKLE WAY SANIBEL ISLAND, FL LOCATED IN TAHITIAN GARDENS PLAZA 239-472-4499 Open for breakfast, lunch and dinner www.loveamongtheflowers.com www.sanibelsprout.com Follow Us On facebook: The Sanibel Sprout Daily Hours M-Sat. 10-6 Restaurant & Deli Gramma Dot's Daily Lunch Specials • Salad Bar • Take-Out The Only Dockside Dining on Sanibel or Eat In • Breakfast • Lunch • Dinner Open Daily 6 a.m. - 10 p.m. Located at the Sanibel Marina Specializing in Local Seafood CALL FOR We also feature Petite & 10 oz. Filet Mignons DAILY SPECIALS VISA 472-9300 472-8138<sup>1</sup> Dining Awards: 6 years running Monday - Wednesday ACH PI Pizza FULL DELI, BAKERY 11am - 9pm Thursday - Saturday 11am - 10pm DAILY LUNCH SPECIALS Subs **COLD BEVERAGES** Sunday 12pm - 9pm Drinks Call us for your cookout, picnic 2441 Periwinkle 239-47BEACH and party needs. We'll take care of you! GENERAL STORE (239-472-3224) 🖲 Way ESTABLISHED 1899 Corner of Periwinkle Way & Tarpon Bay Road Sa SEL ICILAND www.beachpiez.com 472-1516 In Bailey's Shopping Center **Old-Fashioned** Sanibel Deli & Coffee **BOARS HEAD MEAT! FROZEN YOGURT & Fried Chicken** FACTORY **ICE CREAM** Across from **Take-Out or Delivery** ~ OPEN ~ Mon. 7am-3pm **PIZZA & WINGS Open Daily** Tues. Wed. & Thurs. 7am-8pm CVS in 11am to 9pm 239.472.2534 Fri & Sat. 7am-9pm zdez CALL AHEAD 472-2555 **Palm Ridge Place** Sun. - Seasonal 2496 Palm Ridge Rd. Sanibel Island

#### ISLAND SUN - APRIL 29, 2016 | 17B

# What You Read On The Internet



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Imagine that physicians become frustrated with patients who demand certain medications believing that it's necessary after watching a television advertisement. You can't turn on a news program without being bombarded with drug advertisements promoting miracle cures for ailments that I never even knew existed.

And don't you just love the disclaimers? Overlaying the happy scenes of grandparents skipping along the beach with grandchildren, a serious narrative voice quickly says something like, "This medication may cause frequent vomiting, urination

and even death! Stop taking the medication if you notice vision loss or blood trickles out of your ears..."

What this points to is a loss of context. Patients who ask for medications viewed on television typically don't have a medical degree; they've not practiced medicine, and what little they know about whatever ails them they may have learned on the Internet or by watching television. That's enough knowledge to make themselves dangerous.

I sometimes encounter this in my law practice. Suppose that a client is interested in forming a charitable remainder trust, so he researches it on the Internet. Which is fine. Learn all you can. I just hope that he realizes the information he's pulled up may be dated, it may be taken out of context, and it may be so broad in scope as to be useless to the particulars of his situation. That's what you hire a professional for. Once in a while, a client will engage in debate over an aspect of estate planning

Once in a while, a client will engage in debate over an aspect of estate planning law with me. They may have read something on the Internet, believing it to be relevant to his or her situation. Most of the time the information is relevant, but lacks context. Without context, the information or advice in the column may be way off base. That includes the columns that I write here.

What's frustrating at times is trying to calm someone down from misinformation, or misapplied information. It's difficult to convey all the knowledge that I've accumulated, including accounting degrees, a CPA license, a law degree, board

certification and  $27\ {\rm years}$  of experience in a few client meetings lasting a couple of hours or more.

And I suppose that's today's thought.

There's a lot of information out there on the Internet. More so than at any other time in human history, you can Google just about any topic and find a plethora of information. Be aware of this, however, that information is usually not specific to your individual situation. It is mere information; it is not knowledge. Knowledge is accumulated over years of study and practice in any given field. Some practioners are certainly better than others, and I recognize that it's sometimes hard for the layman to know what level of expertise his professional has.

Is my physician the cream of the crop? Does he keep up with all of the new developments? Is my CPA up to date with all of the ever changing tax laws? Is my attorney aware of the recent legal developments and does he have the skill to apply his knowledge to a variety of complex situations?

Often, states have board certification programs that separate those who are exemplary in their field from those that are not. In Florida, for example, to become board certified by the Bar you must first be found to have high ethics and an outstanding reputation among your peers. Then you must pass a thorough examination in your specific field (such as wills, trusts and estates), and complete a serious amount of continuing education in high level course work every reporting period. Once certified, you must become recertified every five years.

Knowledge isn't the only criteria one should judge their professional on. A true professional has the wisdom to know when, how and why to apply the knowledge. Wisdom is something that's gained over the years, certainly. I have also found, however, that those individuals I consider wise haven't achieved that level without first having an inherent quality that seems to be factory installed. They've always had the capacity for wisdom, and only needed life experience to shape it into something valuable for those they interact with.

And you don't find that in areas outside of your area of education and experience by watching television advertisements or searching on Google for a few hours. Go ahead and do your research on your topic, as well as on the professional that you hire. Assuming you are comfortable with that professional, ask questions, and listen to the answers. If the answers appear reasonable, relax and trust his judgment. If not, find a professional that you can trust.

©2016 Craig R. Hersch. Learn more at www.sbshlaw.com.

#### To advertise in the Island Sun call 395-1213



".... for all your plumbing needs."

Commercial • Residential
 Faucet/Toilet Upgrades & Replacement
 Water Heaters • Water Leaks • Garbage Disposals
 Backflow Repair • Sewer Back-Up
 Repipe • Drain Clogs/Cleaning
 Remodels/New Construction
 24/7 EMERGENCY SERVICE

Proudly serving Sanibel & Captiva Islands

2244 Periwinkle Way, Suite 13, Sanibel, FL 33957

# GAN/C.P.O

Dark Skies Compliant Fixture Installation

Panel Upgrades • Switches • Power Distribution • Equipment Wiring Outdoor Appliance Wiring • New Construction • Troubleshooting Lighting Design & Installation • Smoke Detectors • Lamp Repair Electrical Maintenance • Residential • Management Companies Electrical Testing • Relocation Services • LED Lighting Ceiling Fan Installation & Repair • Receptacles Meters • Service Upgrades • Code Upgrading

> Island Residents Friendly Service - Competitive Pricing

2244 Periwinkle Way, Suite 13, Sanibel FL 33957

239.472.1841 www.sancapelectricalcompany.com

www.sanibelplumbingcompany.com

23947241101

#### 18B I ISLAND SUN - APRIL 29, 2016 Sanibel Captiva Trust Company Current Outlook



by Richard E. Pyle, President and Senior Portfolio Manager The Sanibel Captiva Trust Company

The Sanibel Captiva Trust Company announced their second quarter outlook last week.

Lower for longer. This short three-word phrase probably best describes three of the major determinants of the world's economic health in 2016 and 2017 – interest rates, the real economic growth rate, and inflation. Seven years into an economic expansion that began after the jarring financial crisis, interest rates remain, on balance, at historical lows.

Real economic growth is tepid compared to the average of the post-World War II period. Pricing power is so limited that inflation fears have morphed in some regions of the world into deflation fears. Lower for longer means that these three factors will most likely continue to produce an economic reality more like the last few years rather than anything drastically different.

In our view, there are two main factors driving this conclusion. In less than 10 years various forces have combined to alter the long-term outlook for both banking and energy. These two major sectors of the world economy have seen their traditional business models implode – one by new regulations and one by a bounty of supply. Their lower growth rates, as well as those of their suppliers, have created a drag on normal activity for the entire economy. Add to this the reluctance of fiscal authorities around the world to stimulate as they have in the past and you have a prescription for slow growth, less inflation, and resultant low interest rates.

We continue to expect monetary

authorities around the globe (central banks) to take a cautious approach toward reversing their accommodative policies. Even our own Federal Reserve Board appears less hawkish than they were in December when they instituted the first short-term interest rate increase in nearly 10 years. Despite the fact that progress toward their dual mandate of full employment and stable prices has been substantial, their concern about global developments has caused them to lower their expected rate increase path going forward.

We think the equity market will show encouraging, though sometimes volatile, results over the coming months. This is despite the occasionally unnerving headlines from China, Russia, ISIS, Syria, Iraq and energy markets. Fears of a Chinese economic hard landing have re-surfaced as a result of the poorly managed plunge in their equity markets.

We also are highly attentive to the political landscape, but do not think much has changed in the makeup of Washington's decision-making process. Some compromises are possible in 2016 on minor issues, but nothing that would materially change our outlook. And, of course, we are watching the "long slog" to the November election that is in full force. As the delegate count shapes up for the leading candidates, it appears to us that divided government will be the norm for some years to come.

We think that we could be pleasantly surprised by the improvement in equity prices in 2016 given the relatively low valuations compared to fixed-income alternatives. Stabilization in both the value of the U.S. dollar and the price of oil will go far in 2016 to act as a tailwind to profit growth after their negative impacts in 2015. As always, we are being careful but not fearful. We remain comfortable in our outlook for moderate economic and profit growth as well as for relatively low inflation and interest rates. This is generally a prescription for rising demand for equities.<sup>\*</sup> \$19,000 Research Grant For FSW

Florida SouthWestern State College (FSW) School of Education was recently awarded a \$19,297 grant from the Nellie Mae Education Foundation (NMEF).

The grant will provide funding for researchers to investigate how a fundamental change in the way states distribute school aid might impact school policies, administrator and teacher practices and student outcomes for online charter schools.

"Online charter schools have always been funded based on enrollment and held accountable for meeting seat-time requirements," said Dr. Larry Miller, dean, FSW School of Education. "This method is not producing the results we need as a nation to remain competitive in a knowledge-based economy. Some states, including Florida, have begun to experiment with a different approach to funding and accountability based on students demonstrating mastery over competencies."

FSW's researchers will focus on New Hampshire's funding model.

"New Hampshire has been a leader in this funding model," Dr. Miller said. "We will examine how this novel finance system works in practice to see if it incentivizes faculty and staff to maximize student outcomes, without sacrificing academic rigor."

"Our research findings may have important implications for other states supporting large, online charter schools, such as the Florida Virtual School, which has reported serving over 7,000 full-time students in grades K-12 in the 2015-16 school year," said Megan Just, co-investigator on the project and senior research analyst in the FSW School of Education.

The grant was facilitated by FSW's Office of Sponsored Programs & Research (OSPR). OSPR oversees



Barrier Island Title Services, Inc. (239) 472-3688 "You'll Appreciate the Difference" proposal submission of sponsored research, scholarship and creative endeavors at FSW.XX

#### ISLAND SUN BUSINESS NEWSMAKERS

# Top Agents

The top producers at RE/ MAX of the Islands for March were: Deb Stone, most productive sales associate; and Chuck and Kimberley Andrews, top marketing associates.\*\*



**Deb Stone** 





Chuck Andrews Kir

#### Kindeney Andrews

# New Mobile App Available

The City of Fort Myers has made a new mobile application available,

■ allowing citizens to request services and view city information. The app can be accessed on the Apple IOS and Google Android platforms. Download the app from cityftmyers.com/supportcenter or from Apple iTunes and Google Play stores.

The mobile application is part of the city's Customer Request System which automatically routes and tracks all requests made by customers. The city's website also has a new support center, where citizens can enter requests and view responses.

To advertise in the Island Sun Call 395-1213

# Choosing the Right Insurance Agent Makes all the Difference



**Angela Larson Roehl** 

alarson@rosierinsurance.com

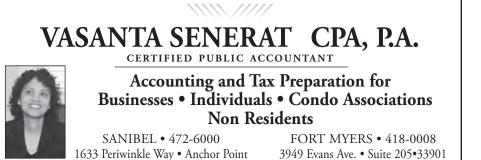
Call me anytime for your business and personal insurance needs on Sanibel and Captiva

239-472-1152

www.rosierinsurance.com



**Rosier: The name that has been serving Southwest Florida for over 60 years** 1200 Periwinkle Way, Suite 2, Matzaluna Plaza • Sanibel Island



# Charity Concert Sends A Capella Group To The Big Apple



The A Cappella Group (TAG) from Cypress Lake High School with the contribution from their Shell Point Retirement Community performance

photos by Brad Blackburn, Shell Point Retirement Community

Single content of the A Cappella Group (TAG) from Cypress Lake High School took center stage at The Village Church at Shell Point Retirement Community on Friday, April 15 to share the gift of song with residents while raising money for an upcoming international competition.

The group entertained the crowd with a variety of songs including *Short People*, *The Giving Tree* and their original composition, *Stay Gold*. Based on the audience reaction, it is clear why this group has won dozens of awards with different soloists featured, showing off the talented stars that make the group shine.

TAG is now headed to the International Championship of High School A Cappella (ICHSA) in New York City at the end of April with high hopes of bringing home a first place trophy.

"The students have been raising money since January, but didn't have the \$10,000 needed to cover the cost of the trip," said Gary Stroh, TAG director. After hearing their story, Shell Point offered to host a concert and donate all of the proceeds to support the group's trip.

proceeds to support the group's trip. "I enjoyed the concert, and I really liked the director demonstrating how they put the songs together with all of the different (vocal) parts that are involved," said Shell Point resident Jean Gilman, who attended the show, which raised \$3,860 and put the group over its fundraising goal.

"The students are so thankful for Shell Point's help, and they can't wait to make Southwest Florida proud of their performance in New York," said Stroh.<sup>\*\*</sup>



One of TAG's soloists shines center stage



TAG students interact with Shell Point residents after the concert

# YOU'VE WORKED HARD TO EARN AND SAVE IT

Why not take the time to protect it for your loved ones?



Craig R. Hersch Attorney, CPA "Will Power" Columnist, *The Island Sun* Michael B. Hill Attorney

- Estate Planning
- Wills
- Revocable Trusts
- Durable Powers of Attorney
- Probate & Trust Administrations
- Irrevocable Trusts including modifying "problem trusts"

Florida Bar Board Cerftified Wills, Trusts & Estate Specialists

Call 239-334-1141 for a FREE Florida Estate Planning Guide

SHEPPARD, BRETT, STEWART, HERSCH, KINSEY & HILL P.A. Attorneys at Law 9100 College Pointe Ct. Fort Myers, Florida 33919 239.334.1141 www.sbshlaw.com



Jan-Erik Hustrulid, Heights Foundation board chair

Tracie Bagans, Heights Foundation board vice chair

# New Officers, Board Members

he Heights Foundation and The Heights Center, nonprofit organizations that assist families in the Harlem Heights neighborhood, appointed new officers and four new board members.

Jan-Erik Hustrulid, business development coordinator at Owen-Ames-Kimball Company, was elected chair of the board. Tracie Bagans, regional field services manager at FPL, was elected vice chair and Susan Ryan, director of finance and operations at Canterbury School, was elected secretary/treasurer. New members include David Ciccarello, civil and litigation attorney with

the Wilbur Smith Law Firm, Luis Insignaires, family law attorney with Luis E. Insignaires Attorneys at Law, Li-Su Javedan, former healthcare executive and community contributor, and Terri Wade, human resources manager, Modular Document Solutions.

Returning board members include Kim Agypt, Cindie Barker, Pamela Beckman, Kenny Brewer, Caryn Clark, John Grey, Neil LeClair and Violetta Yerrid.

"We are grateful to our new, current and past board members for providing their time and talents to make a positive impact on the lives of families in Harlem Heights," said Heights Foundation PPresident and CEO, Kathryn Kelly. To learn more, visit heightsfoundation.org or call 482-7706.

Our email address is press@riverweekly.com

## **Superior Interiors Principles** Of Design: Emphasis by Barb Cacchione



love creating emphasis in any design plan. To me, emphasis is truly adding the excitement factor to the creation of a new room. The basic idea behind emphasis in decorating is that

every room should have a focal point, or a center of interest that immediately attracts the attention of anyone entering the room.

Walking into a room with design emphasis is bound to give you a much better impression of the room's overall design than walking into one that lacks any features impressive enough to attract notice. When there's no focal point in a room, your eye tends to slide around from one part of the room to another, and boredom rapidly sets in. If nothing attracts your visual interest, it natural for you to become restless, and actually feel the need to "move on."

Just think of how much more inviting it would to be have a colorful and comfortable grouping of furniture around a fireplace, with a few unusual accessories and personal touches giving a clue to the your individual style and personality. Lacking a fireplace, the sofa is usually the dominant feature in a living room. If so, consider playing it up and giving it more importance by selecting a color or pattern that helps center your grouping. Then, by adding tables, lamps, artwork and other accessories, you are surrounded with many visually interesting design objects. Remember that color is a big drawing

card when it comes to claiming attention. A striking painting or piece of art will make any grouping or area more interesting.

Almost every room includes some feature or furnishing that makes a natural focal point. A beautiful dining table; a king bed in a bedroom; a desk in a library – all are logical candidates for being emphasized. Huge paintings, super graphics of all sorts and sizeable pieces of sculpture are high on the "most wanted" list at the moment. These objects can be used as focal points themselves, or to add to the excitement of an emphasized area. You can even use unusual fabrics, either vividly colored or strikingly patterned that can be used for emphasis, and a dramatic area rug is another way of highlighting a specific part of your new room.

Just remember that, generally, one center of interest is usually enough. Only a very large room is improved by more. If too many areas compete for attention, none will succeed in claiming it.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@ coindecden.com.☆

# Call To Artists For July Open Juried Art Exhibition

The Arts for ACT Gallery in downtown Fort Myers is in need of professional and emerging artists for an open themed group exhibit that will open on July 1 at 2265 First Street in Fort Myers.

Themes to choose from are:

• King and Queens of Everything

Monsters, Dreams or Fantasy

• Incorporate a symbol, logo or

brand into your artwork. Themes may be mixed.

The artist entry fee is one piece for \$10, two pieces for \$15 and three pieces for \$20. Entry fees are non-refundable.

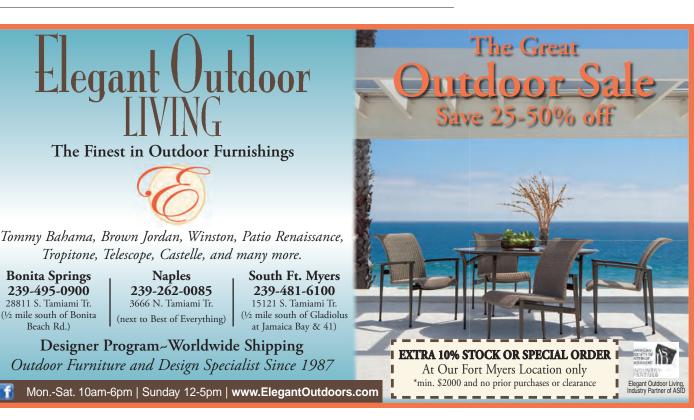
The judge for the exhibit is to be announced. The cash prize for first place is \$100, second place is \$75, third place is \$50 and honorable mentions are \$25.

Artists may drop off works to be juried from Saturday, June 18 through Saturday, June 25. Rejected artworks must be picked up on Tuesday, June 28

The opening exhibit will be held on Friday, July 1 from 6 to 10 p.m. A 40 percent commission on art sales will be retained by Arts for ACT Gallery, with proceeds benefitting the ACT Shelter

Artist will pick up unsold art on Monday, August 1 from 11 a.m. to 4 p.m.

For questions or more information, contact Claudia Goode via email at cgoode@actabuse.com or call 337-5050.举



# School Smart



by Shelley M. Greggs, NCSP **Dear** Shelley, My first grade daughter and

I are moving to another school district soon and they have a different breakfast program that my

daughter is not used to. We get a reduced payment for school meals and it's really important that she eats there. Her new school doesn't serve breakfast in the cafeteria. Instead, the kids pick up a bag breakfast and eat in their classroom. Do you think this is a good idea? I know how important it is to eat breakfast and I am worried she won't eat in the classroom.

Laverne S., Cape Coral

Laverne, You are most correct about the importance of breakfast. Educators have long recognized the importance of breakfast in helping children learn and stay focused, as eating breakfast has been linked to higher test scores and lower rates of childhood obesity. Below is some information about the positive impact of a bag breakfast, and based on this report, I bet your daughter will enjoy this new way to eat breakfast.

Many schools seem to have difficulty getting their students to sit in the cafeteria and actually eat a breakfast. In fact, an elementary school in Virginia realized that their breakfast participation had dwindled to almost nothing and they decided to do something about it. First, they discovered the reasons that the kids weren't eating. There were three main reasons given by the kids – the kids were hesitant to eat because they were worried that they would be late to class. Reason two was many of the younger kids with fewer cafeteria skills, weren't earing because they were uncomfortable in the cafeteria due to noise, commotion and lower teacher presence in the morning. Finally, lots of the kids were embarrassed to be seen eating in the cafeteria because they knew it tagged them as poor.

To combat these reasons that the kids reported about not eating breakfast in the school cafeteria, this school came up with the grab and go idea. It's so simple – let children grab their breakfasts as they enter the building and then go straight to class with the meal. Grab and Go, implemented at the start of 2014, had dramatic results. The number of students eating school breakfast more than doubled from the start of last school year to this school year. The news spread fast and many schools have copied the idea successfully.

Getting breakfast out of the cafeteria and into the classroom has erased some of the social stigma of eating in the classroom. According to school reports, the program also has boosted breakfast participation among wealthier students who pay full price for their meal and now "everyone" is having their breakfast in the classroom.

The program has created "a much calmer start to the day for everybody," Principal Paula Huffman said. "The kids aren't stressed about being late to class. It also has had a soothing effect for otherwise hectic mornings. Children now eat their school breakfasts during morning announcements. They no longer have to sprint to class or chug a milk carton to make it to class on time". Further, Huffman reported the classroom breakfasts have not disrupted learning, which was a concern among some teachers.

Of course some classrooms are exempt from the program. Kindergarten students still eat breakfast in the cafeteria because they need extra supervision. Students who come from classrooms that are designated food-free because of children with severe food allergies also continue to eat in the cafeteria.

School meals have been seen as a critical way to reduce childhood hunger for students who come from lower income households. More than half of public-school children nationwide qualify for free – and reduced-price meals and the majority of U.S. public school students live in poverty (Federal data 2013), so it is of the utmost importance that these kids have the opportunity for a healthy breakfast and lunch while at school.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

# Nutrition For Better Health Program

ee Memorial Health System recognizes nutrition as an important part of a healthy lifestyle and is now offering Jumpstart, a 10-day nutrition program to promote better health and help manage medical issues, developed by PlantPure, Inc. A kickoff of the 10-day program will be held May 4 at Gulf Coast Medical Center in Fort Myers.

The program fights grogginess, brain fog, bloating and aches and pains that are known side-effects of a poor diet. Adopting a whole food, plant-based eating plan can help. Good nutrition plays an important role in helping to keep you healthy and is a non-surgical intervention to improve chronic medical conditions.

#### ISLAND SUN - APRIL 29, 2016 21B

It's never too late to combat the effects of high blood pressure, high cholesterol, digestive problems, food intolerance or other medical conditions, and after only 10 days, many people experience substantial results.

The program includes lab testing before and after the program; *PlantPure Nation* cookbook; *PlantPure Nation* movie DVD; Jumpstart DVD; 20 PlantPure whole food, plant-based frozen entrees delivered; induction warming tray; and Internet-based support, including daily video emails.

Additionally, Brian Taschner, M.D., Lee Physician Group cardiologist, facilitates the program and is available to answer any questions participants may have throughout the program.

To learn more about the program and associated costs, or to register for the May 4 kickoff, call Lee Health Solutions at 424-3121 or log onto leememorial.org.\*

Share your community news with us. Call 395-1213 Fax: 395-2299 or email press@islandsunnews.com

# ANOTHER REASON TO LOVE FLORIDA JOINT REGENERATION THERAPY

More and more people are choosing Prolotherapy and Stem Cell Therapy for joint *regeneration* over joint *replacement*.

Call us to stay active and avoid surgery!

239.303.4069



CaringMedical.com Caring Medical Regenerative Medicine Clinics 9738 Commerce Center Ct. Fort Myers, FL 33908

# Eight Reasons To Avoid Stearate In Your Supplements



#### by Suzy Cohen, RPh ear Readers:

Some of you watch your gluten intake, others avoid artificial colors and sweeteners. Some of you read supplement labels, and others don't. Today I want to teach you about

"magnesium stearate."

Magnesium stearate or "Mag stearate" for short is just a chemical used by most nutritional supplement companies, and it's an additive. It acts like a lube to run machines faster, so as to increase production and therefore profits. This substance consists of magnesium and stearate which is a saturated fat. Think of it like bubble wrap around the ingredients of your supplement.

It doesn't function as a vitamin or mineral and, more importantly, it doesn't give you magnesium like the name implies. Your body requires biochemical 'work' to pop the 'bubble wrap' and split the molecule apart into its backbone of magnesium and stearic acid. Once split, you get a negligible amount of magnesium, perhaps a couple of milligrams. So mag stearate is not a source of magnesium for your body, don't be fooled by the name. Therapeutic doses of magnesium fall into the 200 to 800 mg range. If you read the labels of your supplements and see magnesium stearate, you should know:

1. It's not a source of magnesium for your body, don't be fooled by the name. 2. It's a mechanical lubricant

intended to grease machines for faster production.

- 3. It has no nutritional value.
- 4. It's an additive.

5. Sometimes sourced from genetically engineered hydrogenated oils.

6. It may affect the release time of

# Got A Problem? Dr. Connie Is In



Clancy Q: What are some avoidant personality symptoms? I feel that a friend of

by Constance

mine has this as she doesn't seem comfortable in social situations.

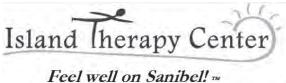
A: Avoidant Personality Disorder is characterized by feelings of social inhibition, inadequacy and sensitivity to negative criticism and rejection. Yet the symptoms involve more than simply being shy or socially awkward.

Avoidant Personality Disorder causes significant problems that affect the ability to interact with others and maintain relationships in day-to-day life. About one percent of the general population has avoidant personality disorder. Perhaps your friend exhibits symptoms which include avoidance of work and social activities and fear of criticism and/or rejection. They also suffer from low self-esteem and feelings of isolation. They may feel rejected or unwanted even if that really isn't the case, but because their self-esteem is so low, they feel inadequate to be a part of any social structure.

If your friend has these symptoms, perhaps it would be good to check out a support group for her in your area. That is a nice way to begin some socialization skills as she would not feel alone. I am aware of some groups that are formed through agencies that take these people on outings so they can begin the socialization process.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.\*

# PHYSICAL THERAPY – MASSAGE THERAPY



(Sanibel Square) www.islandtherapycenter.com

239-395-5858

2242 Periwinkle Way, Suite 2

One-on-One Physical Therapy for Joint/Muscle Injuries, Pain, Surgical Rehabilitation, Balance/Strengthening, Dizziness and More.

> Experienced and Licensed Physical Therapists and Massage Therapists for Expert Attention.

active ingredients and slow it down

7. It may reduce bioavailability of active ingredients; certainly makes it unpredictable.

8. It's sort of like "grease" as it affects the digestive tract in sensitive folks.

The sales people at the local store are often very intelligent, but they don't always agree with me about mag stearate. Remember, it's in almost every supplement made, and concealed with aliases like stearic acid or vegetable stearate and others. Most sales clerks will tell you it's present in the supplement to give you magnesium, but as you've learned, this is not true. The one and only purpose for its use is to aid in the manufacturing process. This is not a toxic ingredient as far as I'm concerned, I'm just saying that it's not good for you since it does not add any nutritional value, and it may hinder absorption of the ingredients. No one can agree on this.

In 2011, a World Health Organization report found crosscontaminants such as bisphenol A (BPA) and Irganox 1010 used in plastics in a few batches of mag stearate. Even though this happened once, and never again, you deserve to know. I certainly don't mean to alarm you or have you throw out every single supplement in your cupboard, but there's nothing wrong with upgrading your formulas one by one. High quality supplement makers run their machines slower so

# Are You Exercising, Yet Still Overweight?



by Ross Hauser, MD and Marion Hauser, MS, RD

A mericans commonly report that they are exercising, perceive themselves as healthy, and yet rates of obesity are high and not going down. In our experience, most people who start an exercise program think they are exercising more than they really are. Don't get us wrong, something is better than nothing.

The Center for Disease Control and Prevention's recommendations for physical activity in adults is 30 minutes of moderate intensity aerobic activity (brisk walking) five days per week or 15 minutes of vigorous intensity aerobic exercise (jogging or running) in addition to two or more days per week of they don't need this lubricant. In the supplement world, you get what you pay for.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.☆

# Duplicate Bridge

n Tuesday, April 19, there were seven tables in play at The Community House. The winners

#### North/South

1. Dorothy Chaya and Andrew Carnell

2. Clara and Terry Terrana

3. Helen and Jim McCartney

East/West

1. Geoffrey Moss and Will Smith

2. Karen Hendricks and Ann Levinsohn

3. Maureen Hnatow and Gail Leach

There are two ACBL-sanctioned games per week, held on Tuesdays and Thursdays from 1 to 4 p.m. at The Community House, 2173 Periwinkle Way on Sanibel. The Tuesday game runs from the beginning of January through the end of April; the Thursday game runs from the beginning of January through the end of March.

For more information, contact Susan Willoughby at 281-3258.🛠

muscle-strengthening activities. They go on to recommend even more exercise for greater health benefits, such as 300 minutes a week of moderate-intensity activity or 150 minutes per week of vigorous-intensity activity. While many patients we see at our office are not at this level of exercise, it is something to shoot for. The Doctor and Dietitian try to do some form of exercise every day. Sometimes we are training for an event, but the main reason we exercise is for the health benefits.

Talk to your doctor first if you have not been exercising. Then, when you start exercising or if it's more convenient, you can do short spurts, such as 10 minutes here, 15 minutes there. Each action by itself may not seem like much, but they add up. Once you're in better shape, you can gradually exercise for longer periods of time and do more strenuous activities.

It's also not just about the exercise, but also about the food we eat. One of our favorite sayings is, "Never underestimate the power of food!" Most diseases can be prevented by eating healthy. The combination of healthy eating and physical activity is an even greater combination.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

## Eden Energy Medicine Tools For Jet-Lag: It's That Time Again



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

ive been receiving regular comments about the benefit of EEM for jet lag, so let's revisit the techniques. Our ancestors did not evolve

to be removed from the electromagnetic frequencies of the Earth for periods of time. The Earth has meridians just like our bodies, so when we change time zones, our bodies are not in sync with the new time zones where we land – thus that feeling of jet lag.

Since most of us fly, it is helpful to have a tool to cope with jet lag. What creates jet lag anyway? Our 14 meridians – each associated with an organ of the body – acclimate to the electromagnetic environment in the time zone you are in. Each meridian has a specific time of the day with which it is associated. For example, the heart meridian's high tide is 11 a.m. to 1 p.m. When our body is placed into a new time zone, the systems continue to operate in the zone you just left. If we leave Fort Myers at 11:30 a.m., we are in the heart time. When we arrive in California three hours later (which would be 2:30 p.m. Fort Myers time, but California time it is still 11:30 a.m.), our body is still operating as if it has moved on to the high tide of small intestine (1 to 3 p.m.). So our systems experience a lag and sluggishness, since they are no longer in sync with the rhythms of the Earth as they seek to find balance. If you travel from California to London, you will pass through eight different time zones.

To address jet lag, Donna Eden has suggested several techniques that help. First, she suggests doing the four thumps (part of the 5 Minute Routine) every several hours. Grounding thump helps keep you grounded: K-27 thump keeps the meridians all flowing forward, thymus thump boosts the immune system and spleen thump helps balance the blood chemistry. Additionally, do the Connecting Heaven and Earth exercise several times (see page 266 of the Eden Energy Medicine book).

The following tool resets the meridians so they are in sync with the time zone of your destination. The chart below is from the EEM book, page 145 and will be used to tap acupressure points on each meridian. Take it with you when you fly:

1. Determine the current time where located and at your destination city. Look at the chart and find the meridian time for the city where located together with the acupressure point on the figure. Do the same for the destination city.

2. With pressure, tap both acupressure points simultaneously or in sequence for one minute. Do one side of the body with both points and then do the other side. Repeat every two hours on the next pair of meridians (i.e. move down the list to the next meridian below the original time for current location and for your destination).

3. If the flight is eight hours or more, locate the acupressure point for the expected arrival time and for the last four hours of the flight, tap this point simultaneously on both the right and left side of the body for one minute each hour.

Finally, I trace my meridians with the

new time zone, which is another way to adjust (see my prior columns or the EEM book). Try it, it does work.

Have fun with your energy! Next week's topic is Hormones Moaning? Try Loud Groaning.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

# FISH Sponsors Mobile Mammograms

Women of all ages will have local access to mammography services on Thursday, May 12 from 11 a.m. to 3 p.m. when FISH sponsors the Radiology Regional Center Mobile Mammogram for the island community. The mammography trailer will be stationed in Bailey's General Store parking lot.

This service is made possible through a partnership with The Zonta Foundation of SWFL. Those wishing to book an appointment or learn more about the program may call Christine or Jessi at the FISH Walk-In-Center at 472-4775. No prescription is necessary for this service, and FISH may be able to provide financial assistance to those without insurance or with limited



financial resources. All financial assistance cases must first go through a detailed intake process and certain financial documentation is needed. Each case is evaluated privately, on an individual and per instance basis.

Mammograms are X-rays of the breast and they continue to be the gold standard and the key to life-saving early detection of breast cancer. Early detection allows for a greater number of options for treatment and a better chance of survival.

The mobile mammography coach is a customized clinic containing the latest technology in digital mammography.

For additional information, visit www.fishofsancap.org.

# Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

#### Dear Mom & Me,

I was shocked by the voice on the other end of my phone. My cousin, who had loved and cared for his wife for 10 years prior to her death from Alzheimer's disease, apparently was calling to reconnect.

Five years ago, three years after her death, I suggested it was time for him to get on with his life and maybe start socializing with mixed groups and especially women. He was furious that I would even suggest such a thing. I called once but realized that he was still annoyed, so I did not call again and he didn't call me. This year, he called – very friendly and concerned about what I was doing, then he told me that he had a girlfriend. I was thrilled for him and told him so, then he

said, "And then I have your permission?" "Oh yes," I said, "I am thrilled for you." I guess after all these years he is now ready. What do you think?

Virginia

Dear Virginia,

Many older people feel that to have happiness after the death of their spouse is a betrayal of the love of their deceased spouse. Increased longevity has extended our lives and society no longer expects us to stay forever in mourning.

I think you have been very caring for your cousin, and now he appears to be able to reach out and hopefully find some happiness.

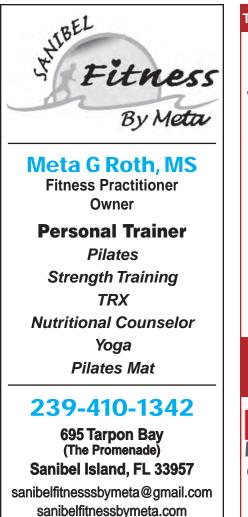
#### Dear Virginia,

I am sure that you had the best of intentions; you know the old adage about good intentions. People grieve on their own time schedule and in their own way. After the loss of a relationship through death or divorce, finding another relationship is not the only solution nor the most appropriate.

Support your cousin as best you can. Whatever you do, do not ever revisit your discussion a few years ago as if to say, "I told you so."

#### Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.🌣



#### THE DOCTOR WILL SEE YOU NOW

Scott Dunavant, M.D. is proud to welcome you to an exciting new health care alternative for residents and visitors alike - Dunavant Medical Group.

Dunavant Medical Group will draw on the extensive experience and expertise of Dr. Scott Dunavant that includes emergency care, family practice, and professional sports medicine. He will be joined by Diane St. Pierre, A.R.N.P., plus a team of dedicated caregivers.

Dunavant Medical Group will offer traditional health care for family health, wellness, urgent care (for all ages), sports medicine and walk-in clinical care -all with a highly personal and highest quality approach.

To become a patient or to make an appointment, call 239.312.4544 or visit DunavantMedicalGroup.com



DunavantMedicalGroup.com

24B | ISLAND SUN - APRIL 29, 2016

# My Stars ★★★★

#### FOR WEEK OF ,MAY 2, 2016

**ARIES** (March 21 to April 19) Temper your typical Aries urge to charge into a situation and demand answers. Instead, let the Lamb's gentler self emerge to deal with a problem that requires delicacy.

**TAURUS** (April 20 to May 20) You are aware of what's going on, so continue to stand by your earlier decision, no matter how persuasive the counter-arguments might be. Money pressures will soon ease.

**GEMINI** (May 21 to June 20) By all means, have fun and enjoy your newly expanded social life. But don't forget that some people are depending on you to keep promises that are very important to them.

**CANCER** (June 21 to July 22) You need to wait patiently for an answer to a workplace problem and not push for a decision. Remember: Time is on your side. A financial matter needs closer attention. **LEO** (July 23 to August 22) You now have information that can influence that decision you planned to make. But the clever Cat will consult a trusted friend or family member before making a major move.

**VIRGO** (August 23 to September 22) Good news: You're finding that more doors are opening for you to show what you can do, and you don't even have to knock very hard to get the attention you're seeking.

**LIBRA** (September 23 to October 22) Your gift for creating order out of chaos will help you deal with a sudden rush of responsibilities that would threaten someone less able to balance his or her priorities.

**SCORPIO** (October 23 to November 21) Congratulations. Your energy levels are coming right back up to normal -- just in time to help you tackle some worthwhile challenges and make some important choices.

**ŜAGITTARIUS** (November 22 to December 21) The sage Sagittarian should demand a full explanation of inconsistencies that might be cropping



up in what had seemed to be a straightforward deal.

**CAPRICORN** (December 22 to January 19) A conflict between obligations to family and to the job can create stressful problems. Best advice: Balance your dual priorities so that one doesn't outweigh the other.

AQUARIUS (January 20 to February 18) Don't guess, speculate or gossip about that so-called mystery situation at the workplace. Bide your time. An explanation will be forthcoming very soon

PISCES (February 19 to March 20) Boredom might be creeping in and causing you to lose interest in a repeat project. Deal with it by flipping over your usual routine and finding a new way to do an old task.

BORN THIS WEEK: You can warm the coldest heart with your lyrical voice and bright smile. You find yourself at home, wherever you are.

#### THIS WEEK IN HISTORY

• On May 4, 1776, Rhode Island, the colony founded by the most-radical religious dissenters from the Puritans of Massachusetts Bay Colony, becomes the first North American colony to renounce its allegiance to King George III. Ironically, Rhode Island would be the last state to ratify the new American Constitution.

• On May 8, 1792, Congress passes the second portion of the Militia Act, requiring that every free able-bodied white male citizen between the ages of 18 and 45 be enrolled in the militia.

• On May 7, 1915, the British ocean liner Lusitania is torpedoed without warning by a German submarine off

Ireland, sinking within 20 minutes. More than 1,100 people perished, including more than 120 Americans, hastening the U.S. entry into World War I.

• On May 2, 1939, New York Yankees first baseman Lou Gehrig benches himself for poor play and ends his record streak of consecutive games played at 2,130. Gehrig was the first major-league player to have his uniform number retired

• On May 5, 1961, from Cape Canaveral, Florida, Navy Commander Alan Shepard Jr. is launched into space aboard the Freedom 7 space capsule, becoming the first American astronaut to travel into space. The suborbital flight lasted 15 minutes and reached a height of 116 miles.

• On May 6, 1970, hundreds of colleges and universities across the nation shut down as thousands of students join a nationwide campus protest. The protests were a reaction to the shooting of four students at Kent State University by National Guardsmen during an anti-Vietnam War demonstration.

• On May 3, 1986, 54-year-old Willie Shoemaker, aboard Ferdinand, becomes the oldest jockey ever to win the Kentucky Derby. Even as a full-grown man, "Shoe" was just 4 feet 11 inches tall and 98 pounds.

#### **STRANGE BUT TRUE**

• A proverb of unknown origin states, "The length of a piece of wood can only be too short on one end."

• Scotsmen and their descendants make up almost half of the signers of the Declaration of Independence, and almost three-quarters of American presidents.

• An adult human has 60,000 miles of blood vessels.

• There was a scientist once who made it his mission to taste as many different kinds of meat as he possibly could. In his opinion, the worst tasting was mole meat. I won't argue. There probably aren't very many people who would be willing to gain enough experience in that field to be able to debate the matter.

• Hong Kong has more Rolls Royce cars per capita than any other city in the world.

• The main cabin of Air Force One, the airplane in which the president flies, is 4,000 square feet. That's more than many people's homes. Air Force One has seven bathrooms and 16 TVs. And there is enough food aboard to serve 2,000 meals.

• There is a popular, bright green melon liqueur, "Midori," which is used to make fruity drinks such as melon balls. The name is very descriptive -- in Japanese, "midori" means "green."

• Most people know that a human has 46 chromosomes, but how do we compare to other living things? Not surprisingly, an ant has only two. A fruit fly has eight. A garden pea has 14. Your pet dog has 78. And a garden fern? It has 1,260 chromosomes!

• The state with the highest percentage of people who walk to work is Alaska.

#### THOUGHT FOR THE DAY

"Reading the fine print may give you an education -- not reading it will give you experience." -- V.M. Kelley

## LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with The Wildfire Blues Band, playing classic rock and R&B. Sunday is CJ and Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz and contemporary on Monday. On Tuesday and Wednesday, it's Sir Mitch, playing classic rock, R&B and dance. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. The "Jersey Kid" Mike Arnone performs on Monday. Woody Brubaker performs on Tuesday. Woody Brubaker and Barbara Smith perform on Wednesday. On Thursday, it's Joe McCormick and Marvilla Marzan.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday. RC Otter's on Andy Rosse Lane,

Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299...

# **PROFESSIONAL DIRECTORY**

#### **NEW HOMES, REMODELING & ADDITIONS**







Virus Removal PC Upgrades Custom PCs Networks Installation POS Systems Security & Cameras Home Theater

#### CONTRACTOR



 Bathrooms • Safety Tubs Kitchens
 Windows
 Decks

- Railing Room Additions
- Outdoor Kitchens
   Screen Rooms Carports • Floors • Doors
  - Storm Protection Garages
    - Windows & More

**\$500. O**FF WITH AD cbc1250678 239-936-0836 Family owned, 40 Years Local



2330 Palm Ridge Road • Sanibel, FL 33957 (239) 395-2525 • Fax (239) 395-2373 • www.beachfloordecor.com

#### COSMETICS

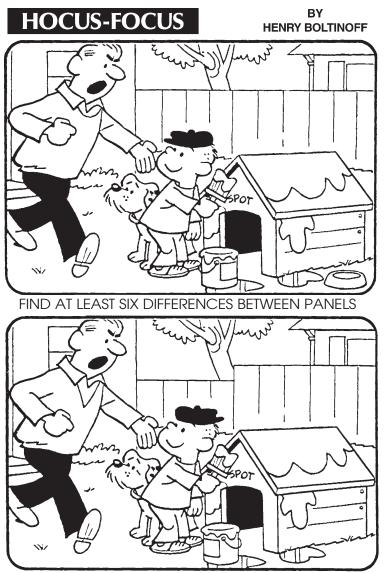


Sanibel Island, FL 33957 Ph: 239-395-0978 / 317-509-6014 mbutcher@marykay.com Products: www.marykay.com/mbutcher

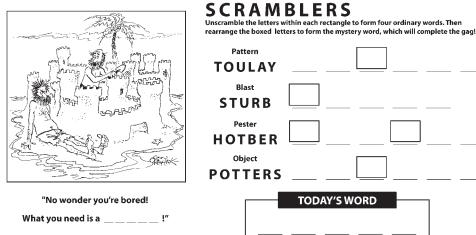
ALWAYS A GIFT WITH **PURCHASE!** 

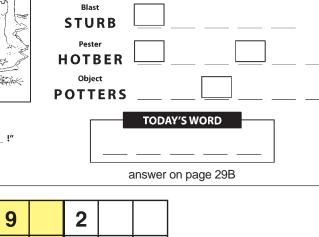


Career information available Gift ideas available



lower. 4. Cap is reversed. 5. Paint can is reversed. 6. Dish is missing. Differences: 1. Arm is moved. 2. Neckline is different. 3. Fence section is





Pattern TOULAY

#### 6 3 2 7 1 9 8 3 4 8 1 8 6 5 3 1 4 7 5 5 9 4 7 3 6

# **SUDOKU**

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B

# **PROFESSIONAL DIRECTORY**

5





## POOL SERVICE & REPAIR



#### **UPHOLSTERY**



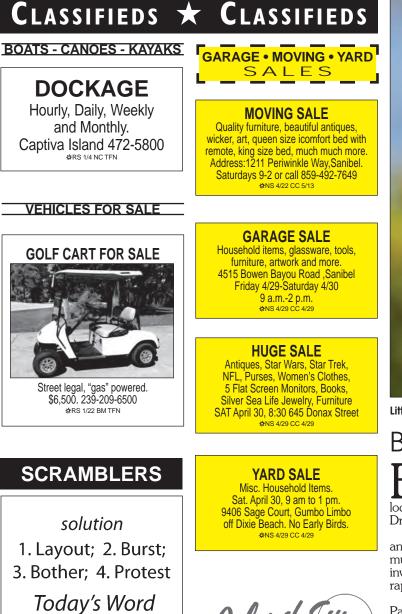
Licensed & Insured / www.enviromow.com

# **PUZZLE ANSWERS**



			SIFIEDS ★ ★ 🗎			
REAL ESTATE	COMMERCIAL RENTAL	ANNUAL RENTAL	SERVICES OFFERED	SERVICES OFFERED		
VACANT LOT IN PRIME LOCATION On Sanibel Island. Situated on sleepy shell-covered Island Inn Rd with path to beach. Bike or walk through nature preserve to main shopping area. 815-482-1218.	COMMERCIAL RENTAL	ANNUAL RENTALS SANIBEL WATERFRONT HOME This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,000/mo.	WANTED, SUMMER NANNY POSITION Available May 1. Mature adult, Retired teacher, CPR/first aid cert. Love working with children. call 606-615-0295 **NS 4/29 CC 5/6	ROGER NODRUFF ELECTR Lic# EC12002788. Call Roger 239-707-7203. Aqualink - Motor Controls. Office & Store Maint. *RS 6/7 CC TFN		
179K *NS 4/15 CC 4/29	Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.	Please call for details 472-6747 Gulf Beach Properties, Inc. Helping People Become Islanders for over 35 years! The Island Experience!	SCARNATO LAWN SERVICE Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163	HELP WANTED		
RENOVATED SPACIOUS ARTIST HOUSE In Gumbo Limbo, Sanibel Island. Dreamy water views and breezes from full length windows throughout. 3 bdrm 4 bath. Elevator. Fruit, flower, palm trees adorn	OFFICE SPACE FOR RENT Great office space for rent.		scarnatolawn@aol.com *RS 1/25 BM TFN	Must be detail oriented, proficient in InDesign, and experienced in ad building and pagination. Email resume to islandsunlorin@aol.co *NS 4/22 NC TFN		
gorgeous lush nature property. 9454 Cotten Ct. 815-482-1218. \$819K ∦NS 4/15 CC 4/29	Great location, 700 square feet on Periwinkle. Call Joe Gil 516-972-2883 or 800-592-0009. **NS 4/24 CC TFN	TERM RENTAL Incredible 3 BR /3.5 BA. Furnished, 2600 sq. ft. direct deep water access on east end. 60' dock and pool. Annual or shorter term considered. Price TBD depending on term of lease. Call Rob at (239) 691-2265	Caregiver CNA lic.,16 years experience. F.I.S.H. background check/referral. Sanibel references. Shop, pet care, meal prep., med. mgt., housekeeping, etc. Sheila - 239-850-7082. *NS 10/16 CC TFN	<b>RETAIL SALES</b> MARINA SPORTSWEAR STORE LOOKING FOR ENERGETIC SALE PERSON FULL OR PART TIME		
GARCIA REAL ESTATE AND CONSULTING	VACATION RENTAL	₩NS 4/29 CC 5/6		CALL CINDY 239-472-5161 X444 *NS 4/8 CC TFN		
	LIGHTHOUSE REALTY Paul J. Morris, Broker VACATION RENTALS PROPERTY MANAGEMENT & SALES 359 Periwinkle Way, Sanibel Island 239-579-0511 *RS 1/4 CC TEN	HOUSE FOR RENT West Gulf Dr., long term, 2,000 sq.ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanias off MB & LR. Private Deeded Beach. \$2,500, first,last,security. 239-910-6430 or email Luvavantis@aol.com *NS 12/11 CC TFN	SANIBEL HOME WATCH Retired Police Captain Lives on Sanibel Will Check Your Home Weekly Very Reasonable Rates (239) 728-1971 **RS 1/4 BM TEN	JERRY'S FOODS WAITRESSES OR WAITER Looking for experienced Waitresses of Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300. *NS 5/29 CC TFN		
RICHARD J. GARCIA, GRI, BROKER 239-472-5147 garciaonsanibel.com Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York,	VACATION RENTALS Escape to France and Italy in 2016. Charming stone cottage in wine village near Bordeaux, sleeps 2, cozyclocktowercottage.com. Apartment in Tuscan farmhouse near Pienza, views, pool, sleeps 4, cozytuscanyapartment.com.	ANNUAL RENTAL HOUSE ON SANIBEL 1,900 sq ft 4BR/4BA furnished SF house. East end,2 houses from beach access, easy commute off island. \$3,000/mo. Avl. Immediately. 206-225-5030 or sanibelannualrental@gmail.com **NS 4/8 CC TFN	HELLE'S CLEANING SERVICES Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047 **NS 1/4 PC TEN	ASSISTANT MANAGER Resort and Marina seeks Assistant Manager. Excellent pay and benefits (239)-470-5389. *NS 4/22 CC 4/29		
Pennsylvania and New Jersey. *RS 4/29 CC TFN RENTAL WANTED	Great rates. Call 401-862-2377. ₩NS 3/11 CC 5/13	ANNUAL RENTAL SANIBEL 3 Bedroom/2 Bath, w/d, shared screened-in pool. Close to Sanibel School, walking distance to the Gulf.	HOME AND PERSONAL SECURITY Retired FBI Agent / FBI Executive / FBI Contract Employee. Will provide for all security needs in			
ANNUAL RENTAL WANTED Island family seeking annual rental. Looking for	Island Vacations Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes •	Cozy duplex unit w/carport. \$2,100/month Call Bridgit @ 239-728-1920 **NS 4/8 CC 4/29	Captiva / Sanibel / Fort Myers. Resume and references will be provided upon request. (412) 860-8694 adams0314@hotmail.com *NS 3/11 CC 5/6	TO PLACE A		
two/three bedroom. No pets. Please call 239-738-4309 ₩NS 4/25 CC 5/6	Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277 *RS 1/4 BM TFN	2 BDRM 11/2 BATH. Steps to the beach & sand friendly. Outside shower & HUGE backyard with deck. Dogs welcomed. Possible long term available due to work taking us out of country. \$3,000 monthly.	SANIBEL BLUE FINANCIAL Need help with paying your bills? Getting your mail?	CLASSIFIED LOG ONTO:		
RETIRED COUPLE SEEKING ANNUAL RENTAL	SEASONAL RENTAL	sherrikropp@yahoo.com **NS 4/15 CC 4/29	Organizing your pre-tax worksheets? What about someone to organize your desk? Call an insured and bonded	CLICK ON PLACE CLASSIFIED		
Long-time Sanibel residents looking for a 2 or 3-bedroom unfurnished house or condo. Just us. No pets. We can make a move anytime between now and mid-August. email david33957@mac.com *NS 4/22 CC 5/13	RE/MAX OF THE ISLANDS Putting owners and tenants together Call Ryan Block www.remax-oftheislands.com 239-472-2311	ANNUAL RENTAL AVAILABLE IMMEDIATELY Charming 3bed,2bath home. Unfurnished. New kitchen and all new appliances. Price to be negotiated depending on tenancy. Near beach and Ding Darling. Call Dustin at 207-720-0330.	Call an insured and bonded professional in to help: Debi Almeida offers personal assistance for you. (Discreet and Trustworthy) Call her today to meet 239-839-6443. **R\$ 3/11 CC 4/29			

 $\star$   $\star$   $\star$  PLACE CLASSIFIED - online at - www.lslandSunNews.com  $\star$   $\star$   $\star$ 



NEWSPAPER Sanibel & Captiva Islands



Little blue heron

# Bird Patrol Walks

Experience the beautiful birds of Bunche Beach with a bird patrol guide on Wednesday, May 4 at 5 p.m. Participants meet on the beach, located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it deadends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of microinvertebrates. Birders may also see other waterfowl, raptors and warblers.

Provided in cooperation with Lee County Parks and Recreation, this bird patrol outing is free with the parking fee of \$2 per hour (tour is approximately two hours). Restrooms are located in the building near the first parking lot.

Participants should bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water as well as your curiosity and love of nature. photo by Meg Rousher

For more information, call 707-3015 or visit www.birdpatrol.org.

There is a Morning Meander at Lakes Park, a free nature walk with a bird patrol guide, on Saturday, May 7 beginning at 8 a.m. at Lakes Regional Park, 7330 Gladiolus Drive in Fort Myers. Participants meet at Shelter A7. Enter the Lakes Park gate from Gladiolus and turn right. Drive to the end of road and continue through the parking lot. Shelter A7 is located near the train station.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds.

Birders should wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars. For more information, visit www. birdpatrol.org or call 533-7580 or 533-7576.

This tour, provided in cooperation with Lee County Parks and Recreation, is free with paid parking.

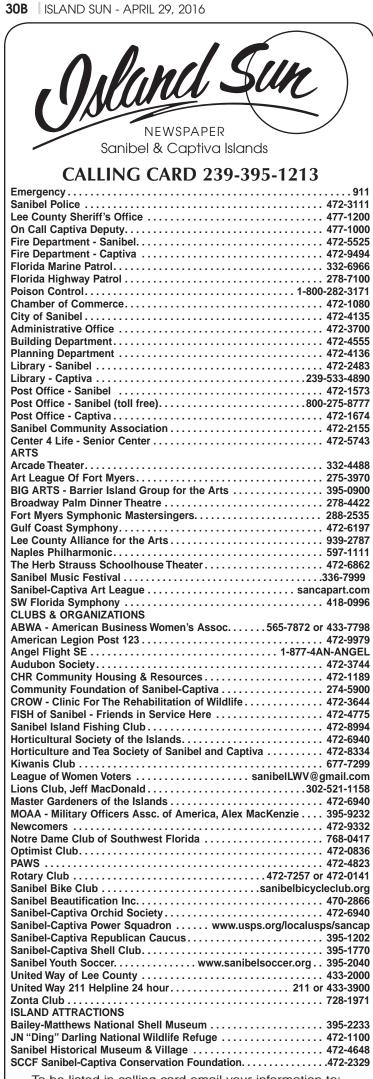
# Top 10 Real Estate Sales

HOBBY

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market	
Metes and Bounds	Sanibel	1987	3,252	\$3,800,000	\$3,400,000	54	
Alva	Alva	1967	6,585	\$3,695,000	\$3,400,000	10	
Bellagio at The Colony	Estero	2002	3,839	\$1,399,000	\$1,399,000	0	
Bayview	Captiva	1972	1,809	\$1,175,000	\$1,105,000	220	
Woodlake At Bonita Bay	Bonita Springs	1989	3,068	\$1,089,000	\$1,030,000	18	
The Shores	Fort Myers	2013	3,000	\$988,000	\$950,000	31	
Arezzo	Bonita Springs	2006	3,526	\$919,000	\$885,000	61	
Edgewater	Fort Myers	1996	3,050	\$849,000	\$807,500	141	
Paseo	Fort Myers	2013	3,157	\$829,990	\$806,940	681	
Palm Isles	Fort Myers Beach	1996	2,988	\$799,900	\$775,000	123	

Courtesy of Royal Shell Real Estate

 $\star$   $\star$   $\star$  PLACE CLASSIFIED - online at - www.lslandSunNews.com



To be listed in calling card email your information to: press@islandsunnews.com

# Pets Of The Week

Hello, my name is Madalia. I'm a 2-year-old spayed female tan Florida Curr. M is for mystery, the part of her that cannot be explained. A is for affectionate! D is for dependable. A is for adorable. L is for loving. I is for impress, for impress she will. A is for Amazing. Words cannot describe how truly wonderful this dog is. My adoption fee is \$75 (check out special adoption deals on April 30, which is National Adopt A Shelter Pet Day).

Hello, my name is Julie. I'm a 2-year-old spayed female domestic short hair. I am a beautiful tabby girl with gold highlights in my fur. I am very friendly and will purr loudly whenever I sit with you. I would like a caring home where I can be someone's "one and only" love. I will shower you with all my attention. My adoption fee is \$50 (check out special adoption deals on April 30, National Adopt A Shelter Pet Day).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

fhe adoption package is valued at \$500.☆



Madalia ID# 654802



Julie ID# 656968

# PAWS Of Sanibel

Simba

With the one who will adore me. I'm a Lynx Point Siamese. I'm a neutered male approximately 8 years old, and I'm front declawed. I would probably prefer being the only animal in the house because I would like to get all your attention. If you have a place for me, call PAWS of Sanibel volunteer Larry at 395-2655.<sup>3</sup>

> Read us online at IslandSunNews.com



# **>BEACH CHAIR PASTIME**

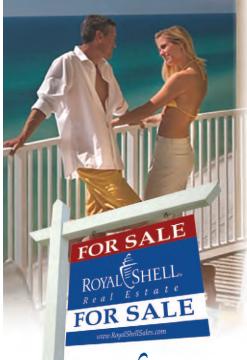
answers on page 27B

#### Super Crossword **BIG MIX-UPS** 46 Career-ACROSS 8 Band of eight 41 "This pays 101 Trainers 86 Tabula completion 1 Place a call looking for 9 Sound of the rent. at 87 Greek celebrations incorrectly least" vowels pins awe 105 Clumsy ship 10 Med lead-in 88 Pointed tool 8 "Alley -51 Canadian 42 Leg part 11 - toe in the station name 108 Ticket details 11 See 113-43 Sirius, say 89 Ted Koppel, water 52 Spanish 109 Regular pay Across 44 Adjutant for one 47 "Li'l ol' me?!" 15 Spat arena crv 110 Stable scrap 12 Dubliners. 90 Area of a 53 A — (slightly) 111 "Along 48 Shade tree 19 1979 e.g. **13** 1990s plot of 54 Haughtiness Michael – spider ...' 49 Artery: Abbr. land 58 "So it's you!" 113 With 11-91 Petitioned Caine film Toyota 50 Composer 20 Sergeant's 14 Bar brew 92 Events after 59 Bank Down. Erik inferior offering for settled for 15 Bone 55 Nettle Lents 22 Arab leader attachments 97 Cheezcreditworthy 114 Takes a 56 "- Bose' (Nat King 16 Coca of (crackers) 23 Had a customers defensive 66 Focuses in 98 Breakfast different Cole hit) position comedv 17 Enters one opinion college 118 New 57 Eyeballing china item 25 Court plea 68 Kochi sash following 59 Victimizes, 99 Old Iranian (Enya type) 119 Kiss for short 69 Quarterback another with "on" VIP 26 "---- the 60 Blog feed 100 Et --- (and Troy 120 Divert 18 lced 121 Actors Beatty Greek 70 Like some so forth) 21 Like some inits. (1964 film) high-quality 61 Electrojet bit 102 "In my and Sparks even 27 Average distributions models 122 Bodega, e.g. 62 Heat's org. dreams!" mark 77 "I'm cold!" 123 Profs' 24 Eye, to Yves 63 Up to, 103 Stupor: 28 French 78 Bidding site helpers 29 Inflated self informally Prefix 64 Downcast 104 Fowl sheds department 79 180 degrees 124 Any of four 31 Walk in 29 Ax parts from SSE 105 "My Cherie long pairs shallow 65 Anger 30 Mel of the 80 — Lingus greatly 67 One — kind featured in water old Giants 81 Film director this puzzle 32 — monde 106 Oscar 31 1954 hit (high society) 71 Hose hitch Kazan de la song with a 82 Formation of DOWN 33 Old West's 72 Lowdown 107 Casey of biblical title new areas of 1 Seder bread 2 "— the Wvatt 73 Barn hooter countdowns 34 Hankering 111 Irene of 35 Cyberspace oceanic crust 74 Shocked Sheriff" 89 Mane locale 35 Italian opera reaction letters "Fame' 37 Sigh of 93 In the past 3 Terse singer Pinza 75 Sales staffer 112 Awestruck satisfaction 94 Minimal tide 4 Paint crudely 36 Debussy's 76 Opp. of 114 Trig 38 Lott of 5 Sitcom departure function type "La — 81 Falco of "Oz" 115 Have chow 95 Sudden pain 39 Piece of football actress 39 Valued highly 96 Oblong audiophile 83 English peer 116 RR depot Swenson 6 NCAA part: 42 "The Thing" equipment, 84 Amoeba 117 — Ho Lee pastry star Russell 98 Bards' dusks Abbr. briefly composition (scientist 99 Weight 43 Lose vigor 7 Nutlike 40 Divvý up **85** Wine: ìn 2000 45 Ship out revealer Chinese fruit again Prefix headlines) 13 12 15 16 22 19 20 21 25 23 24 26 28 29 30 31 32 33 38 35 36 39 40 41 42 43 44 45 46 48 49 50 47 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 68 69 70 72 73 75 76 74 71 79 80 78 81 32 83 84 85 86 87 88 89 90 91 92 93 q4 95 96 100 97 98 99 101 104 105 106 107 102 103 108 109 110 11 112 113 114 115 116 117 118 119 120 121 122 123 124

King Crossword														
ACROSS	1	2	3	4		5	6	7		8	9	10	11	
1 Frosty's "eves"	12	+	┢	$\vdash$		13				14	┼─	-		
5 Family	15	-	-	-		16				17	-	<u> </u>		
member	18	_	<u> </u>		19			20	21		<u> </u>			
8 Burden 12 Earthen pot	10				19			20						
13 Alias abbr.				22					23					
14 Crooner	24	25	26			27	28	29				30	31	
Jerry 15 Uncategor-	32					33					34			
ized (Abbr.)	35		-	36	37					38		-		
16 Journey			39					40	41					
segment 17 Sicilian	40	40	<u> </u>			4.4			-	_	40	47	40	
spouter	42	43				44		45			46	47	48	
18 Bet collector	49					50	51			52				
20 Of a heart	53		1			54				55				
chamber	56			1		57				58				
22 Mag. staffers				1							I			
23 Big bother		App					rvan				raise			
24 Channel	53	Cou			5		illy L ∼	.oma		Way back when				
marker 27 Re		anag			6	e.g. 6 A Turner 3					Started			
movement		49-À	Ācro	SS		7 Long story					36 Cut remedy			
32 Cleo's slayer		Carr		l city		8 Exaggerate 9 Countrywide					37 Indivisible 38 Beer belly,			
33 "Hail!" 34 Life time?	55	intru			_	10 Arm bone					maybe			
35 Sane		Skill	ed			11 Close tightly				41 Italian river				
38 Trudge		B&E		<b>`</b>			eudi				Met		ody	
39 Charged bit 40 Eco-friendly	96	Myra		Dame			once ater				Zing Garr		for	
org.					_		abilo				49-A			
42 Homes		WN		h			ohib t-ch			46 47	Give	a d	arn	
45 Froot Loops	1	Bart		nop	23		tials		a		Testa	ame	nt	
spokesbird Sam	2	A bi	t of		26	6 No					booł	< <		
49 Hindu	0	ever	ythi	ng	0					Infor		ion		
princess 50 Blond shade	3 4	Too Men	ial				ggs ∩-air	fun	d		Sern subj			
SU DIONU SHADE	•											- • •		

MAGIC MAZE  MAN OF														
D	L	Ι	G	D	В	Y	W	Т	R	Р	Μ	K	Ι	F
D	В	Y	W	U	Е	A	S	Q	Ο	Т	Μ	S	K	Ι
F	D	В	S	С	Ζ	С	х	L	Η	W	U	R	S	Η
Q	0	N	Α	D	L	Т	Ν	Е	Μ	Ο	Μ	E	Η	Т
J	Η	Е	W	Η	R	I	w	Е	F	D	D	Т	E	Ο
C	Р	A	G	A	С	0	Y	Т	Ι	R	W	Т	V	L
T	S	Q	Р	A	R	N	W	S	0	R	U	E	N	С
L	K	Ι	Η	L	R	Т	Α	W	Ν	Р	Е	L	F	E
E	С	В	D	Ζ	Y	U	S	Μ	Е	A	W	Р	V	Н
U	S	R	Q	Р	N	Ι	Ο	R	А	F	Е	Μ	Х	Т
L	R	Ο	Ν	Ο	Η	J	Ι	С	Η	L	F	Μ	Е	E
	Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally													
	Action His wor Courage Honor Experience La Man Few words Letters				r ancł	na	Peace Th Repute Th			e m	e cloth e moment e world			

# WE MAKE IT EASY. YOU MAKE IT HOME.





## RoyalShellSales.com 239.472.0078 For Rentals Call 239.472.9111

Florida: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina: Cashiers/Lake Glenville, Highlands, Sapphire Valley/Lake Toxaway





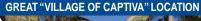
- · Large 3 BR, 3 BA Floor Plan w/Glassed In Lanai · Great Location w/Views of the Bay · Fully Furnished w/Full Size Washer & Dryer
- \$629,900 MLS 2160424
- Vicki Panico & Fred Newman 239.980.0088

#### **GULF TO BAY ESTATE ON CAPTIVA**



· Expansive Lanai Space, Superior Quality & Construction • Guest House, Boat Dock, Beautiful Pool/Spa Area • \$8,500,000 MLS 215051957

• McMurray & Nette 239.850.7888





- · 5BR Home Ideal for Entertaining or Large Family
- Great Room Plan With Rooftop Sundeck • Pool, Spa, Garage and More
- \$2,075,000 MLS 215010443
- Fred Newman & Vicki Panico 239.826.2704

#### ST. CHARLES HARBOUR



- 4 BR, 4.5 BA, Two Story
- · 2 Fireplaces, Gourmet Kitchen, Wine Room · Lanais Overlooking Pool w/Rooftop Sun Deck
- \$1,495,000 MLS 216005938
- McMurray & Nette 239.850.7888



- Large 5 BR, 3.5 BA Estate Home
- Panoramic Lake Views on ¾ Acre Lot
- Cathedral Ceilings, Updated Kitchen & Baths • \$1,095,000 MLS 216020754

• The Radigan Team 239.691.6240

#### **OCEANS REACH**



## NEW LISTING

- 1 BR, 1 BA Gulf Front Condo
- · Hardwood Floors, Updated Kitchen & Bath Ground Floor Location Provides Picturesque Gulf Views • \$799,000 MLS 216019723
- Cindy Sitton 239.810.4772

#### **BLIND PASS G203 CONDOMINIUMS**



- · 2 Bedrooms, 2 Bathrooms Near Beach Condo
- · Exquisitely Remodeled & Furnished Beautifully · Plantation Shutters, Wood Cabinetry, Storage
- \$475,000 MLS 214063843
- Jennifer Berry 239.910.8430

#### **"SIDE-BY-SIDE"** CAPTIVA



- Two Free Standing Homes
- Over 170 Ft. Beach Frontage Large Private Pool
- \$3,998,000 MLS 215039436
- Burns Family Team 239.464.2984

#### **5 PEACEFUL TROPICAL ISLAND ACRES**



- Live or Build Up to 24,000 S.F.
- Deeded Beach Access Across the Street
- 2,000 S.F., 2 BR + Den, Pool Home
- \$1,950,000 MLS 215042646 • Cathy Rosario 239.464.2249

#### PRIVATE DIRECT BOATING ACCESS



· Southwest Exposure Great Sunsets, Water View • 152' of Pristine Water Frontage, Last Buildable Site · Fish & Wildlife Property Next Door, Incredible Views • \$1,295,000 MLS 214063347

#### • John Nicholson 239.849.3250





- · 4 BR, 3.5 BA Lakefront, 2 Boat Docks
- Very Private Location on 2 Lots
- Den, Living Room, Family Room, Pool
- \$879,999 MLS 215022506 • Jason Lomano 239.470.8628

#### SANIBEL BAYOUS



- · 3 BR, 2, BA Sanibel Bayous Home
- · Peaceful Near Beach Setting
- Open Kitchen w/Breakfast Bar
- \$649,000 MLS 216016425
- Burns Family Team 239.464.2984

#### SUNDIAL OF SANIBEL



- 1 BR, 1 BA
- · Enjoy Gulf Views from the Cozy Lanai
- Great Rental Potential, Excellent Location •\$315,000 MLS 216027366
- Brian Murty 239.565.1272

#### SANIBEL ISLAND GULF FRONT



- · Gorgeous Remodeled 4 BR Beach House · Spectacular Panoramic Views of the Gulf
- Community Pool & Tennis
- \$3,595,000 MLS 216024476

#### • McMurray& Nette 239.281.4435



#### • 4 BR, 3 BA – "Beach Lodge"

- · Impact Glass, New AC, Granite, Stainless
- Salt Water Pool, Pavered Pool Deck
- \$1,895,000 MLS 216027957
- Burns Family Team 239.464.2984

#### WATERSHADOWS



- One of Sanibel's Largest Boat Docks
- · Sailboat/Powerboat, Seawall, Great Water View
- 3 BR, 2 BA Living/Dining Room, Family Room

NEW PRICI

• Excellent Income Producer, Weekly Rentals

· Gorgeous Gulf Views, Excellent Rental Income

• 1st Floor Location, Walk Out To Beach

TENNIS VILLAS AT SOUTH SEAS

· Beautiful Sunsets, World Class Amenities

· Recently Updated, Stainless Appliances

Burns Family Team 239.464.2984

• **\$1,195,000** MLS 216016688 • John Nicholson 239.849.3250

• 2 BR, 2 BA Gulf View Condo

• \$799.000 MLS 216009783

**CASA YBEL RESORT** 

• \$649,000 MLS 216008976

• 1 BR, 1BA on 2nd Floor

Spacious Extended Lanai

• \$259,000 MLS 215045002

· Steps to Beach and Captiva Village

• John & Denice Beggs 239.357.5500

• Jason Lomano 239.470.8628

POINTE SANTO